



Massachusetts  
Nurses  
Association



*continuing education*

*Fall 2017*

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MNA is proud to provide **FREE** continuing nursing education programs to foster professional growth for its members. Offering the programs *locally* to its members improves access and convenience. We hope you appreciate this service and find these courses helpful.

Please visit our website for all upcoming programs.

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# REGION 1



## Psychiatric Competencies for the Non-Psych RN

**Description:** This program will provide nurses with information regarding the nursing management of mental health issues impacting hospitalized patients in a non-psychiatric setting. Clinical presentation and nursing interventions of a variety of mental health disorders and relevant regulations, communication strategies and assessment tools will be discussed with case study review.

**Presenter:** Martha Carville Patch, DNP, PMHNP-BC, CCM

**Date:** October 4, 2017

**Time:** 5 - 5:30 p.m., Registration/Dinner  
5:30 - 7:30 p.m., Program

**Location:** Log Cabin, 500 Easthampton Road, Holyoke; 413-535-5077;  
[www.logcabin-delaney.com](http://www.logcabin-delaney.com)

**Fee (by check only):** Member/Associate Member, free\*; Non-member, \$95.

\*Requires a \$25 placeholder fee which will be returned upon attendance at program.

**Contact hours:** Will be provided.

## Optimizing Home Safety for Persons with Progressive Memory Loss

**Description:** Alzheimer's disease is a progressive and global brain disease that poses numerous challenges for the person affected by the illness and their care providers. Keeping the person safe through proactive planning and adaption of the home environment will allow individuals and family members to assume control over potential problems so that they do not evolve into actual emergencies. This program will utilize lecture, case study and video presentations to inform the learner about successful strategies to anticipate and avoid safety hazards in homes where an individual is living with a progressive memory loss illness.

**Presenter:** Judith Parè, PhD, RN

**Date:** November 15, 2017

**Time:** 5 - 5:30 p.m., Registration/Dinner  
5:30 - 8 p.m., Program

**Location:** Zucchini's Restaurant, 1331 North Street, Pittsfield, MA;  
[www.zucchinisrestaurant.com](http://www.zucchinisrestaurant.com)

**Fee (by check only):** Member/Associate Member, free\*; Non-member, \$95.

\*Requires a \$25 placeholder fee which will be returned upon attendance at program.

**Contact hours:** Will be provided.

## Morning Session: Domestic and Sexual Violence Training:

### What Nurses Should Know

**Description:** This presentation will look at the dynamics of domestic and sexual violence, the health impact of violence and abuse, and the consequence of children's exposure to violence. The role of the nurse will be explored to include trauma-informed care.

**Presenter:** Erin Miller, MPS, MDV, CTSS, CASAC-T

**Date:** December 6, 2017

**Time:** 8:30 a.m., Registration  
8:30 a.m.-11:45 a.m., Program

## Afternoon Session: Best Practices for Nurses: Assessment, Implementation and Evaluation for Pain Management Strategies in the Face of the Opioid Crisis

**Description:** This program will look at what nurses can do to advocate for those patients who need prescribed pain medication within the context of the restrictions relating to the barriers of sufficient pain management within the current healthcare delivery system.

**Presenter:** TBA

**Time:** 11:45 a.m.-12:30 p.m., Lunch and Afternoon Registration  
12:30-3:45 p.m., Program

**Location:** Log Cabin, 500 Easthampton Road, Holyoke; 413-535-5077;  
[www.logcabin-delaney.com](http://www.logcabin-delaney.com)

**Fee (by check only):** Member/Associate Member, free\*; Non-member, \$195. \*Requires a \$50 placeholder fee which will be returned upon attendance at program.

**Contact hours:** Will be provided.

**To register:** complete the Regional Registration Form located on page 6 and submit it to the MNA Region 1 Office, 241 King Street, Suite 226, Northampton, MA 01060. For questions, please contact Region 1 at 413-584-4607 or email [region1@marn.org](mailto:region1@marn.org).

# REGION 2



## Abortion: Information for Nurses

**Description:** The purpose of this presentation and discussion is to enable the nurse to describe the demographics of abortion in the U.S., new laws, regulations, and the courts, changes in family planning options, successes in reducing unplanned pregnancy, and the role of the nurse.

**Presenter:** Janet Singer, CNM

**Date:** September 25, 2017 (Please note: This is a Monday)

**Time:** 5:30 - 6 p.m., Registration/Dinner  
6 - 8 p.m., Program

**Location:** Beechwood Hotel, 363 Plantation Street, Worcester; 508-754-5789; [www.beechwoodhotel.com](http://www.beechwoodhotel.com)

**Fee (by check only):** Member/Associate Member, free\*; Non-member, \$95. \*Requires a \$25 placeholder fee which will be returned upon attendance at program.

**Contact hours:** Will be provided.

## Domestic and Sexual Violence Training:

### What Nurses Should Know

**Description:** This presentation will look at the dynamics of domestic and sexual violence, the health impact of violence and abuse, and the consequence of children's exposure to violence. The role of the nurse will be explored to include trauma-informed care.

**Presenter:** Erin Miller, MPS, MDV, CTSS, CASAC-T

**Date:** November 14, 2017 (Please note: This is a Tuesday)

**Time:** 5:30 - 6 p.m., Registration/Dinner  
6 - 9 p.m., Program

**Location:** Doubletree Hilton, 5400 Computer Drive, Westborough (at 495); 508-366-5511, [www.bostonwestborough.doubletree3.hilton.com](http://www.bostonwestborough.doubletree3.hilton.com)

**Fee (by check only):** Member/Associate Member, free\*; Non-member, \$95. \*Requires a \$25 placeholder fee which will be returned upon attendance at program.

**Contact hours:** Will be provided.

## Human Trafficking:

### The Nursing Implications of Trauma and Survival

**Description:** Nurses and others who encounter victims of human trafficking often do not recognize it and opportunities to intervene are lost. This program will provide nurses with information to understand the phenomenon and the related health risks of human trafficking, to identify indicators and recognize signs that an individual is being trafficked, how to safely intervene and provide resources for nurses.

**Presenter:** Donna Sabella, PhD, M.Ed, MSN, RN, PMHNP-BC

**Date:** December 6, 2017 (Please note: This is a Wednesday)

**Time:** 5:30 - 6 p.m., Registration/Dinner  
6 - 8 p.m., Program

**Location:** Beechwood Hotel, 363 Plantation Street, Worcester; 508-754-5789; [www.beechwoodhotel.com](http://www.beechwoodhotel.com)

**Fee (by check only):** Member/Associate Member, free\*; Non-member, \$95. \*Requires a \$25 placeholder fee which will be returned upon attendance at program.

**Contact hours:** Will be provided.

**To register:** complete the Regional Registration Form located on page 6 and submit it to the MNA Region 2 Office, 365 Shrewsbury Street, Worcester, MA 01604. For questions, please contact Region 2 at 508-756-5800 ext. 100 or email [region2@marn.org](mailto:region2@marn.org).

# REGION 3



## Morning Session: Gestational Diabetes

**Description:** This program will provide the nurse with the risk factors and patient considerations for Gestational Diabetes. The nursing management of Gestational Diabetes will be explored, as well as the key patient teaching considerations. Long-term implications for the mother and child will be discussed.

**Presenter:** Jodi Fortunato, MSN, RN

## Afternoon Session: Legal Issues in Obstetric Nursing

**Description:** In this session the nurse will learn an overview of the litigation process including the four elements of malpractice and how bedside nurses can avoid being named in legal cases. The program will discuss what role the electronic medical records plays in nursing practice and hear actual case examples and outcomes.

**Presenter:** Dorene Goldstein, BSN, RNC, CLNC

**Date:** September 11, 2017

**Time:** 9-9:30 a.m., Registration/Continental Breakfast  
9:30 a.m.-12 p.m., Morning Program  
12-1 p.m., Lunch will be provided  
1-4 p.m., Afternoon Program

**Location:** Trowbridge Tavern and Canal Club (located behind the hotel)  
100 Trowbridge Road, Bourne; 508-743-9000

**Fee (by check only):** Member/Associate Member\*, free; Non-member, \$95.

\*Requires a \$25 placeholder fee which will be returned upon attendance at program.

**Contact Hours:** Will be provided.

## Domestic and Sexual Violence Training:

### What Nurses Need to Know

**Description:** This presentation will look at the dynamics of domestic and sexual violence, the health impact of violence and abuse as well as the consequences of childhood exposure to violence. The role of the nurse will be explored to include trauma-informed care.

**Presenter:** Erin Miller, MPS, MDV, CTSS, CASAC-T

**Date:** November 15, 2017

**Time:** 5 - 5:30 p.m., Registration/Dinner  
5:30 - 8:30 p.m., Program

**Location:** Trowbridge Tavern and Canal Club (located behind the hotel)  
100 Trowbridge Road, Bourne; 508-743-9000

**Fee (by check only):** Member/Associate Member\*, free; Non-member, \$95.

\*Requires a \$25 placeholder fee which will be returned upon attendance at program.

**Contact Hours:** Will be provided.

## Disorders of the Skin: What Nurses Need to Know

**Description:** This program will provide nurses with information about dermatological issues, including psoriasis, eczema, rashes, acne and rosacea. An overview of the detection of melanoma, basal cell carcinoma, and squamous cell carcinoma will be provided. Cosmetic treatments and the management of skin disorders will also be discussed.

**Presenter:** Kathleen Brodt, MSN, FNP-BC, BSN

**Date:** December 6, 2017

**Time:** 5 - 5:30 p.m., Registration/Dinner  
5:30 - 8 p.m., Program

**Location:** Trowbridge Tavern and Canal Club (located behind the hotel)  
100 Trowbridge Road, Bourne; 508-743-9000

**Fee (by check only):** Member/Associate Member\*, free; Non-member, \$95.

\*Requires a \$25 placeholder fee which will be returned upon attendance at program.

**Contact Hours:** Will be provided.

**To register:** complete the Regional Registration Form located on page 6 and submit to the MNA Regional Council 3, PO Box 1363, Sandwich, MA 02563. For questions, please contact Region 3 at 508-888-5774 or email [region3@marn.org](mailto:region3@marn.org).

# REGION 4



## Protecting Developing Brains: What Health Care Providers

### Need to Know About Sport-Related Concussion

**Description:** Brain injury among children and adolescents is a major public health concern. Although the majority of injuries are considered mild, a proportion of those injured will experience considerable physical, cognitive, educational, social, and emotional consequences. In this program, the focus will be on the diagnosis and management of head injury. Given its prevalence, the major focus of this presentation will be on sport-related concussions.

**Presenter:** Alex M. Taylor, Psy.D.

**Date:** September 21, 2017

**Time:** 5-6 p.m., Registration/Dinner  
6-8:15 p.m., Program

**Location:** Danversport Yacht Club, 161 Elliot Street, Danvers; 978-774-8620, [www.danversport.com](http://www.danversport.com)

**Fee (by check only):** Member/Associate Member, free\*; Non-member, \$95. \*Requires a \$25 placeholder fee which will be returned upon attendance at program.

**Contact Hours:** Will be provided.

## Cancer Survivorship Care: What Nurses Need to Know

**Description:** Cancer patients often survive long-term, yet face individualized challenges and health risks in later years. This session will increase the nurse's understanding of the unique needs of the cancer survivor population, provide current national and local resources to guide the care of this population and identify aspects of cancer survivorship care applicable to varied areas of nursing practice.

**Presenters:** Rich Boyajian, NP

**Date:** October 24, 2017

**Time:** 5-6 p.m., Registration/Dinner  
6-8:15 p.m., Program

**Location:** Danversport Yacht Club, 161 Elliot Street, Danvers; 978-774-8620, [www.danversport.com](http://www.danversport.com)

**Fee (by check only):** Member/Associate Member\*, free; Non-member, \$95. \*Requires a \$25 placeholder fee which will be returned upon attendance at program.

**Contact Hours:** Will be provided.

## Places in the Heart: The A, B, C's of Cardiac Medications

**Description:** This session will take a physiologic approach to understanding cardiac medications commonly utilized in managing patients with cardiovascular disease. Specific pharmacologic agents to be reviewed include: Antiarrhythmics, ACE inhibitors, Angiotension receptor blockers, Beta blockers and Calcium channel blockers. Implications for administering and evaluating the effectiveness of these medications will also be highlighted.

**Presenter:** Carol Daddio Pierce, MS, RN, CCRN

**Date:** November 8, 2017

**Time:** 5 - 6 p.m., Registration/Dinner  
6 - 8:15 p.m., Program

**Location:** Danversport Yacht Club, 161 Elliot Street, Danvers; 978-774-8620, [www.danversport.com](http://www.danversport.com)

**Fee (by check only):** Member/Associate Member, free\*; Non-member, \$95. \*Requires a \$25 placeholder fee which will be returned upon attendance at program.

**Contact Hours:** Will be provided.

**To register:** complete the Regional Registration Form located on page 6 and submit to the MNA Regional Council 4, 50 Salem Street, Building A, Lynnfield, MA 01940. For questions, please contact Region 4 at 781-584-8012 or email [region4@marn.org](mailto:region4@marn.org).

# REGION 5



## Places in the Heart: The ABC's of Cardiac Medications

**Description:** This program will take a physiological approach to understanding cardiac medications commonly utilized in managing patients with cardiovascular disease. Specific pharmacologic agents to be reviewed include anti-arrhythmics, ACE inhibitors, angiotensin receptor blockers, beta blockers and calcium channel blockers. Implications for administering and evaluating the effectiveness of these medications will also be highlighted.

**Presenter:** Carol Daddio Pierce, MS, RN, CCRN

**Date:** October 18, 2017

**Time:** 5 - 5:30 p.m., Registration/Dinner

5:30 - 8 p.m., Program

**Location:** MNA Headquarters, 340 Turnpike Street, Canton, 781-821-8255

**Fee (by check only):** Member/Associate Member\*, free; Non-member, \$95.

\*Requires a \$25 placeholder fee which will be returned upon attendance at program.

**Contact Hours:** Will be provided.

## Nursing Care of the LGBTQ Community

**Description:** Health outcomes for members of the LGBTQ community are affected by the provision of culturally competent care. Identification of barriers to care and an understanding of correct terminology related to gender and sexuality will be discussed. Nursing care of the transgender community, including best practices and emerging issues, will be explored.

**Presenters:** Kaitlin Nichols, BSN, RN, ACRN; and member(s) of the transgender community

**Date:** November 29, 2017

**Time:** 5 - 5:30 p.m., Registration/Dinner

5:30 - 7:45 p.m., Program

**Location:** MNA Headquarters, 340 Turnpike Street, Canton, 781-821-8255

**Fee (by check only):** Member/Associate Member\*, free; Non-member, \$95.

\*Requires a \$25 placeholder fee which will be returned upon attendance at program.

**Contact Hours:** Will be provided.

## Domestic and Sexual Violence Training:

### What Nurses Need to Know

**Description:** This presentation will look at the dynamics of Domestic & Sexual Violence, the health impact of violence and abuse, and the consequence of children's exposure to violence. The role of the nurse will be explored to include trauma-informed care.

**Presenter:** Erin Miller, MPS, MDV, CTSS, CASAC-T

**Date:** December 13, 2017

**Time:** 5 - 5:30 p.m., Registration/Dinner

5:30 - 8:30 p.m., Program

**Location:** MNA Headquarters, 340 Turnpike Street, Canton, 781-821-8255

**Fee (by check only):** Member/Associate Member, free\*; Non-member, \$95. \*Requires a \$25 placeholder fee which will be returned upon attendance at program.

**Contact Hours:** Will be provided.

**To register:** complete the Regional Registration Form located on page 6 and submit to the MNA Region 5 Office, 340 Turnpike Street, Canton, MA 02021. For questions, please contact Region 5 at 781-821-8255 or email [region5@marn.org](mailto:region5@marn.org).

# MNA HEADQUARTERS

## Basic Dysrhythmia Interpretation

**Description:** This two-part course is designed for registered nurses working with cardiac monitoring. Implications and clinical management of cardiac dysrhythmias will be discussed. The course will include a text book and requires studying between sessions.

**Presenters:** Mary Sue Howlett, PhD(c), RN/FNP-BC, CEN; Carol Mallia, MSN, RN

**Dates:** September 22, 2017 (part-one)

September 29, 2017 (part-two)

**Time:** 8:30 - 9 a.m., Registration

9 a.m. - 3 p.m., Program; light lunch provided

**Location:** MNA Headquarters, 340 Turnpike St., Canton, MA

**Fee:** Member/Associate Member, free\*; Non-member, \$195. \*Requires a \$50 placeholder fee which will be returned upon attendance at program.

**There is a non-refundable fee of \$30 for workbook and calipers.**

**Contact Hours:** Will be provided.

**MNA Contact:** Theresa Yannetty, 781-830-5727

## Advanced Cardiac Life Support (ACLS): Certification and Recertification

**Description:** This AHA course will provide information on the clinical management of medical emergencies through a case study approach. This is a two-day certification and a one-day recertification course. *This challenging course is best suited for nurses working in acute or critical care areas. Attendees must be proficient in dysrhythmia interpretation. Please note the dates of the Basic Dysrhythmia program if not proficient in dysrhythmia interpretation!*

**Presenters:** Carol Mallia, MSN, RN; Mary Sue Howlett, PhD (c), RN/FNP-BC, CEN; Charlene L. Richardson, MSN, RN, CEN, LNC and other instructors for the clinical sessions

**Dates:** October 25 and November 1, 2017 (Certification)

November 1, 2017 (Recertification only)

**Time:** 8:30 - 9 a.m., Registration

9 a.m. - 5 p.m., Program (light lunch provided)

**Location:** MNA Headquarters, 340 Turnpike St., Canton, MA

**Fee:** Certification: MNA Member/Associate Member, free\*; Non-member, \$250. Recertification: MNA Member/Associate Member, free\*; Non-member, \$195

**\*Requires \$100 placeholder fee which will be returned upon attendance at program. There is a non-refundable cost of \$35 for the workbook.**

**Contact Hours:** Contact hours will not be awarded for this program.

**MNA Contact:** Liz Chmielinski, 781-830-5719

## Nurse Burnout: That Ain't just Smoke, that's YOU! How to Avoid Becoming the Human Flashpoint

**Description:** The goal of this program is to help nurses prevent, identify and manage compassion fatigue. Nursing is a hard emotional, physical, and spiritual work, but it is also very rewarding. Tension and turmoil come within the territory of being a nurse. The stresses and strains of working in the nursing industry can take their toll on even the strongest personality. From persistent patients to strict regulations, nurses are constantly facing challenges both big and small, physical and emotional. At some point, it is more than likely that the pressures of your job will get to you and you will wonder, "Is it worth it?" Burnout, also known as *compassion fatigue*, can get the best of you, but only if you let it.

**Presenter:** Mary Linda O'Reilly, MS, APRN, BC

**MNA Headquarters Course Registration:** complete the MNA

Headquarters Registration Form located on Page 7 or register online at [massnurses.org](http://massnurses.org). Credit card payment is available for CE courses offered at MNA Headquarters.

# MNA HEADQUARTERS CONT.

**Date:** November 30, 2017

**Time:** 5:30 p.m., Registration/Light Dinner

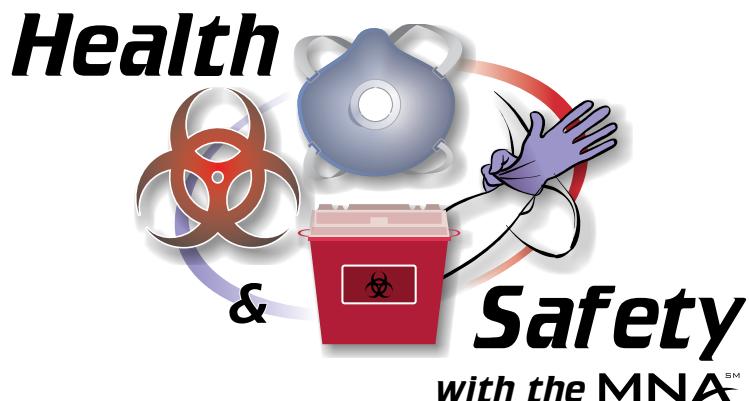
5:30-7:45 p.m., Program

**Location:** MNA Headquarters, 340 Turnpike St., Canton, MA

**Fee:** Member/Associate Member, free\*; Non-member, \$95. \*Requires a \$25 placeholder fee which will be returned upon attendance at program.

**Contact Hours:** Will be provided.

**MNA Contact:** Susan Clish, 781-830-5723



## CONTINUING EDUCATION ONLINE

[www.massnurses.org](http://www.massnurses.org)

Click on **MNA CE ONLINE** on the home page under **Professional Development**.

### Recognizing and Supporting a Nurse Colleague with Impaired Practice

This program will discuss the important issue of narcotic diversion. Diversion prevalence, recognition, and methods for prevention will be explored. The best practice standards for safe handling of narcotics will be presented. The program will conclude with information on resources to support a nurse with a substance use problem as well as the nurses' role in safeguarding patient care. Contact hours for this activity will be awarded until January 1, 2018.

### Accepting, Rejecting and Delegating a Work Assignment

The purpose of this activity is to provide a framework for decision-making based on the Massachusetts Nurse Practice Act and other regulatory agencies to safeguard patient care. Contact hours will be awarded until March 31, 2018.

#### Program Requirements

To successfully complete a program and receive contact hours, you must read the entire program, take and pass the Post-Test and complete the Program Evaluation. To pass the Post-Test, you must achieve a score of 80% or above. Your certificate of completion will be available immediately, from the "My Account Page," upon successful completion of the program.

#### Accreditation

The Massachusetts Nurses Association is accredited with distinction as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

All programs are free of charge to MNA members only.

#### Contact Hours

Contact hours will be awarded by the Massachusetts Nurses Association.



Massachusetts  
Nurses  
Association



# REGIONAL REGISTRATION

**Registration Directions:** Registration will be processed on a space available basis. All programs are free to members; however, there is a placeholder fee of \$25 for all evening programs and \$50 for all full day programs. This fee will be returned upon attendance at the program. Program fees for non-members are \$95 for evening programs and \$195 for all full day programs. If registrants do not attend the program or call to cancel, the fee will NOT be refunded. Please submit a **separate check for each program** and mail to the appropriate region office. If registering for programs in more than one region, please duplicate the registration form or download from [www.massnurses.org](http://www.massnurses.org) and submit registration forms to the appropriate region offices with the specified fee.

**Payment:** Payment may be made by mailing a **separate check for each course** to the appropriate regional office. At this time regional offices are unable to process credit card information for this purpose. Thank you for your understanding on this matter.

**Program Cancellation:** MNA reserves the right to change speakers or cancel programs due to extenuating circumstances. In case of inclement weather, please call the MNA Region Office registration contact telephone number to determine whether a program will run as originally scheduled. Registration fee will be reimbursed for all cancelled programs.

**Contact Hours:** Contact hours will be awarded by the Massachusetts Nurses Association for all programs.

**To successfully complete a program and receive contact hours or a certificate of attendance, you must:** (1) sign in; (2) be present for the entire time period of the program; and (3) complete and submit the program evaluation.

The Massachusetts Nurses Association is accredited with distinction as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

**Chemical Sensitivity:** Scents may trigger responses in those with chemical sensitivities. Please avoid wearing scented personal products when attending MNA continuing education programs.

**Disability Help:** Please contact the MNA Regional Council Office with any questions about special needs accessibility.



Please print. Mail this completed form along with a separate check for each course to appropriate region.  
Please make copies of this form for courses at multiple regions or download this brochure at [www.massnurses.org](http://www.massnurses.org).

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Place of Employment \_\_\_\_\_

\_\_\_\_\_ RN \_\_\_\_\_ LPN \_\_\_\_\_ APN \_\_\_\_\_ Other (specify) \_\_\_\_\_

**Region 1** Make check payable to: MNA Region 1 Office and mail to MNA Region 1 Office, 241 King Street, Suite 226, Northampton, MA 01060.

- Psychiatric Competencies for the Non-Psych RN** Non-member: \$95 • Member/Associate Member: \$25 placeholder fee.
- Optimizing Home Safety for Persons with Progressive Memory Loss** Non-member: \$95 • Member/Associate Member: \$25 placeholder fee.
- Domestic and Sexual Violence Training: What Nurses Should Know and Best Practices for Nurses: Assessment, Implementation and Evaluation for Pain Management Strategies in the Face of the Opioid Crisis** Non-member: \$195 • Member/Associate Member: \$50 placeholder fee.

**Region 2** Make check payable to: MNA Region 2 and mail to MNA Region 2 Office, 365 Shrewsbury Street, Worcester, MA 01604.

- Abortion: Information for Nurses** Non-member: \$95 • Member/Associate Member: \$25 placeholder fee
- Domestic and Sexual Violence Training: What Nurses Should Know** Non-member: \$95 • Member/Associate Member: \$25 placeholder fee
- Human Trafficking: The Nursing Implications of Trauma and Survival** Non-member: \$95 • Member/Associate Member: \$25 placeholder fee

**Region 3** Make check payable to: MNA Region 3 and mail to MNA Regional Council 3, PO Box 1363, Sandwich, MA 02563.

- Gestational Diabetes and Legal Issues in Obstetric Nursing** Non-member: \$195 • Member/Associate Member: \$50 placeholder fee.
- Domestic and Sexual Violence Training: What Nurses Should Know** Non-member: \$95 • Member/Associate Member: \$25 placeholder fee
- Disorders of the Skin: What Nurses Need to Know** Non-member: \$95 • Member/Associate Member: \$25 placeholder fee

**Region 4** Make check payable to: MNA Regional Council 4 and mail to MNA Regional Council 4, 50 Salem Street, Building A, Lynnfield, MA 01940.

- Protecting Developing Brains: What Health Care Providers Need to Know About Sport-Related Concussion**  
Non-member: \$95 • Member/Associate Member: \$25 placeholder fee
- Cancer Survivorship Care: What Nurses Need to Know** Non-member: \$95 • Member/Associate Member: \$25 placeholder fee
- Places in the Heart: The A, B, C's of Cardiac Medications** Non-member: \$95 • Member/Associate Member: \$25 placeholder fee

**Region 5** Make check payable to: MNA Region 5 Office and mail to MNA Region 5, 340 Turnpike Street, Canton, MA 02021.

- Places in the Heart: The ABC's of Cardiac Medications** Non-member: \$95 • Member/Associate Member: \$25 placeholder fee
- Nursing Care of the LGBTQ Community** Non-member: \$95 • Member/Associate Member: \$25 placeholder fee
- Domestic & Sexual Violence Training; What Nurses Need to Know** Non-member: \$95 • Member/Associate Member: \$25 placeholder fee

# MNA HEADQUARTERS REGISTRATION

**Registration Directions:** Registration will be processed on a space available basis. All programs are free to members; however, there is a placeholder fee of \$25 for all evening programs and \$50 for all full day programs (except for ACLS). This fee will be returned upon attendance at the program. Program fees for non-members are \$95 for evening programs and \$195 for all full day programs (except for ACLS). If registrants do not attend the program or call to cancel, the fee will NOT be refunded.

For courses offered at MNA headquarters, registration/payment of fee is available online. Visit our website at [www.massnurses.org](http://www.massnurses.org) and register for the course of your choice from our Events Calendar.

**Payment:** Payment may be made with a Master Card, Visa, Discover or AMEX by calling the MNA contact person listed or by mailing a **separate check for each program** to the MNA, 340 Turnpike Street, Canton, MA 02021.

**Program Cancellation:** MNA reserves the right to change speakers or cancel programs due to extenuating circumstances. In case of inclement weather, please call the MNA at 781-821-4625 or 800-882-2056 to determine whether a program will run as originally scheduled. Registration fee will be reimbursed for all cancelled programs.

**Contact Hours:** Contact hours will be awarded by the Massachusetts Nurses Association for all programs except for ACLS certification.

**To successfully complete a program and receive contact hours or a certificate of attendance, you must: (1) sign in; (2) be present for the entire time period of the program; and (3) complete and submit the program evaluation.**

The Massachusetts Nurses Association is accredited with distinction as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

**Chemical Sensitivity:** Scents may trigger responses in those with chemical sensitivities. Please avoid wearing scented personal products when attending MNA continuing education programs.

**Disability Help:** Please contact the MNA Division of Nursing with any questions about special needs accessibility.

**Now Available ➔ Online registration for courses offered at MNA Headquarters.**

**Go to [www.massnurses.org](http://www.massnurses.org).**

***Due to heavy traffic volume on major roadways, please allow extra travel time.***

## Directions to MNA Headquarters

**From Logan International Airport:** Take the Ted Williams Tunnel. Follow signs to I-93 S/ SOUTHEAST EXPRESSWAY. Stay on I-93 S for approximately 15 miles. Take EXIT 2A/ RT-138 S/ STOUGHTON. Follow directions from RT-138 below.

**From Boston:** Take I-93 S/ SOUTHEAST EXPRESSWAY. Stay on I-93 S to EXIT 2A/ RT-138 S/ STOUGHTON. Follow directions from RT-138 below.

**From Cape Cod/South Shore:** Take RT-3 N. Merge onto US-1 S/ I-93 S via exit number 20 on the left toward I-95/ DEDHAM. Take EXIT 2A/ RT-138 S/ STOUGHTON. Follow directions from RT-138 below.

**From the North:** Take I-95 S/ RT-128 S to I-93 N/ US-1 N. You will see a sign reading "I-93 N to BRAINTREE/ CAPE COD." Continue onto I-93 N/ US-1 N for 1.2 miles. Take EXIT 2A/ RT-138 S/ STOUGHTON. Follow directions from RT-138 below.

**From the West:** Take Mass. Pike East to I-95 S/ RT-128 S. Take I-95 S/ RT-128 S to I-93 N/ US-1 N. You will see a sign reading "I-93 N to BRAINTREE/ CAPE COD." Continue onto I-93 N/ US-1 N for 1.2 miles. Take EXIT 2A/ RT-138 S/ STOUGHTON. Follow directions from RT-138 below.

**From RT-138** (Turnpike Street): Drive approximately 2 miles (you will pass through two traffic lights). Take a left at the billboard which reads 320-348 Turnpike Street. Follow the road, which curves to the right. You will see the brick Massachusetts Nurses Association building. The MNA is on the second floor.



Please print. You may make copies of this form or download this brochure at [www.massnurses.org](http://www.massnurses.org).

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Place of Employment: \_\_\_\_\_

\_\_\_\_\_ RN \_\_\_\_\_ LPN \_\_\_\_\_ APN \_\_\_\_\_ Other (specify) \_\_\_\_\_

Please mail this completed form with check made payable to MNA at: Massachusetts Nurses Association • 340 Turnpike Street • Canton, MA 02021

Payment may also be made by:  VISA  MasterCard  American Express  Discover

Account #: \_\_\_\_\_ Expiration Date: \_\_\_\_\_ Security code: \_\_\_\_\_

For Credit Card registrations you may fax this form to: 781-821-4445; please call to verify receipt, 781-821-4625.

For office use only: Chg code: \_\_\_\_\_ Amt: Date: \_\_\_\_\_ Ck#: \_\_\_\_\_ Ck.Date: \_\_\_\_\_ Init: \_\_\_\_\_

**Basic Dysrhythmia Interpretation** Member/Associate Member, free\*; Non-member, \$195. \*Requires a \$50 placeholder fee which will be returned upon attendance at program. **There is a non-refundable fee of \$30 for workbook and calipers.**

**ACLS Certification and Recertification** Certification: MNA Member/Associate Member, \$35 non-refundable cost for workbook; Non-member, \$250\* Recertification: MNA Member/Associate Member, \$35 non-refundable cost for workbook; Non-member, \$195\*

\*Requires \$100 placeholder fee which will be returned upon attendance at program.

**Please choose one:**  Certification October 25 and November 1  Recertification November 1 only

**Nurse Burnout: That Ain't just Smoke, that's YOU! How to Avoid Becoming the Human Flashpoint** Non-member: \$95 • Member/Associate Member: \$25 placeholder fee.

# SAFE PATIENT LIMITS SAVE LIVES



**MNA**<sup>SM</sup>  
Massachusetts  
Nurses  
Association

**2017**

# CONVENTION

October 12-13

Sheraton Framingham

1657 Worcester Rd, Framingham, MA 01701

## SCHEDULE

### Wednesday, October 11

6:30-9 p.m. Reception/Entertainment sponsored by Region 2

### Thursday, October 12

- 7:30-8:15 a.m. Breakfast, registration, exhibits & silent auction opens
- 8:15-8:30 a.m. MNA Announcements and Updates,  
Donna Kelly Williams, RN
- 8:30-9:30 a.m. Labor Program, Bill Barry – Right to Work
- 9:30-10:30 a.m. Bargaining Unit Reports
- 10:30-11 a.m. Break, exhibits and silent auction
- 11 a.m.-12:30 p.m. *Immigration Issues and the Impact on Health Care* – Panel Program
- 12:30-2 p.m. Lunch, exhibits, silent auction
- 12:30-2 p.m. Unit 7 Annual Meeting and Lunch
- 2 p.m. Business Meeting
- 6:30-9 p.m. Awards Dinner
- 9-10:30 p.m. Nurses' Fun Night event: *Dueling Pianos*

### Friday, October 13

- 7-8:30 a.m. Registration, breakfast
- 8:30 a.m. Silent auction closes
- 8-9 a.m. MNA PAC Meeting
- 8-9 a.m. Massachusetts Student Nurses Association Meeting
- 9-9:15 a.m. MNA announcements & speaker introduction
- 9:15-10:30 a.m. *IV Dilemmas at the Bedside*,  
Laura Gasparis Vonfrolio, PhD, RN
- 10:30-10:45 a.m. Break
- 10:45 a.m. -12 p.m. *Evidence-Based Practice Related to Safe Staffing*  
Laura Gasparis Vonfrolio, PhD, RN

## INFORMATION:

### Hotel Accommodations at Sheraton

The reduced room rate of \$167.55 per night (inclusive of tax) is available until September 12, 2017. Please call 888-627-7184 and mention the MNA Fall Convention or book online at:  
<https://www.starwoodmeeting.com/Book/manurse2017>

### Chemical Sensitivity

Attendees are requested to avoid wearing scented personal products when attending the 2017 MNA Convention. Scents may trigger responses in those with chemical sensitivity.

**Questions: Call MNA's Division of Nursing at: 800-882-2056 x727.**

**REGISTER ONLINE: [www.massnurses.org](http://www.massnurses.org)**

**Registrations can also be made by phone. Call Theresa at 781-830-5727.**



## 2017 SPEAKERS

### Bill Barry

Bill Barry is a labor historian and author, and is the retired Director of Labor Studies at The Community College of Baltimore County in Dundalk, Maryland. He was a union organizer for 20 years before that. He has written several books on trade unionism: *I Just Got Elected, Now What: The New Union Officer's Handbook*; *Union Strategies for Hard Times*; *From First Contact to First Contract: An Organizer's Handbook*, *The 1877 Railroad Strike in Baltimore*; and, *Closing up the Open Shop: A Guide to Internal Organizing*. Bill has also been a three-time candidate for Baltimore City Council as a Green Party member in northeast Baltimore. Bill Barry is currently active in the Association for Union Democracy.

### Laura Gasparis Vonfrolio, PhD, RN

An outstanding seminar leader, Dr. Gasparis Vonfrolio has been a nurse for over 30 years in critical care nursing and has held CCRN and CEN certifications over 13 years. She obtained an associate and bachelor's degree in nursing, master's from NYU in nursing and a PhD in nursing education. She has held positions as a staff nurse, staff development instructor and a tenured professor of nursing. Dr. Gasparis Vonfrolio has published over 30 articles and authored 11 books including the *Critical Care Examination Review* and *Emergency Nursing Examination Review* books, *12 Lead EKG Stat!* and *25 Stupid Things Nurses Do to Self-Destruct*. She organized the "Nurses March on Washington, D.C." with over 35,000 nurses protesting in what has been a catalyst for nurse legislation for safe patient ratios. She is the former President of the National Nurses in Business Association and the current president of Education Enterprises. Laura has appeared on television shows, *Good Morning America* and *Nightline* discussing nursing issues.

### Contact Hours

Contact hours will be provided for three of the educational sessions for this two day conference (*Immigration*, *IV Dilemmas* and *Safe Staffing*). These programs meet the requirements of the Massachusetts Board of Registration in Nursing for a total of 4.6 contact hours for re-licensure. In terms of specialty certification, these programs will provide a total of 3.8 contact hours. MNA is accredited, with distinction, as a provider of nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

*To successfully complete a program and receive contact hours you must: 1) sign in, 2) be present for the entire time period of the session and 3) Complete the evaluation.*

# SAFE PATIENT LIMITS SAVE LIVES



Massachusetts  
Nurses  
Association

2017

# CONVENTION

October 12-13 Sheraton Framingham

1657 Worcester Rd, Framingham, MA 01701

## REGISTRATION FORM

Registration is available online. Go to [www.massnurses.org](http://www.massnurses.org).

Day Ph: \_\_\_\_\_

Name (please print): \_\_\_\_\_

Night Ph: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

RN     APN     Other (specify): \_\_\_\_\_

I am a(n):  MNA Member/Associate Member     Full-time student/Unemployed/Retired\*  
 Non-member     MASNA students (free), call to register: 1-781-830-5727  
 Check here if you require gluten-free.     Check here if you require special assistance during the convention, and please call 800-882-2056 x727.

### Three Convenient Packages/Business Meeting

**Thursday-Only Package:** Includes events on Thursday: keynote, plenary session, all meals, exhibits

MNA Members \$40     Reduced Members\* \$35     All Others \$50     MASNA students n/c    \$ \_\_\_\_\_

**Friday-Only Package:** Includes events on Friday: keynote, plenary session, breakfast

MNA Members \$35     Reduced Members\* \$30     All Others \$50     MASNA students n/c    \$ \_\_\_\_\_

**Two-Day Convention Package — Thursday and Friday:**

Includes events on Thursday and Friday

MNA Members \$75     Reduced Members\* \$65     All Others \$100     MASNA students n/c    \$ \_\_\_\_\_

**Business Meeting Registration (only) • Thursday, 2 p.m.**    \$ \_\_\_\_\_

\* includes full-time students (minimum 12 credits), unemployed and retired.

### Optional Events

Please register below if you plan to attend the following events:

- |   |       |     |
|---|-------|-----|
| <input type="checkbox"/> Reception sponsored by Region 2 • Wednesday, October 11 • 6:30 - 9 p.m.      | _____ | n/c |
| <input type="checkbox"/> Unit 7 Annual Meeting/Lunch (Unit 7 members only) • Thursday, 12:30 - 2 p.m. | _____ | n/c |
| <input type="checkbox"/> Awards Dinner • Thursday, 6:30 - 9 p.m.                                      | _____ | n/c |
| <input type="checkbox"/> Nurses' Fun Night • Thursday, 9 - 10:30 p.m.                                 | _____ | n/c |

**Total Convention Fees: \$ \_\_\_\_\_**

### Payment

Please mail this completed form with check made payable to MNA to:

**Massachusetts Nurses Association • 340 Turnpike Street • Canton, MA 02021**

Payment may also be made by:  VISA     MasterCard     American Express     Discover

Account# \_\_\_\_\_ Expiration Date: \_\_\_\_\_ Security Code: \_\_\_\_\_

For Credit Card registrations you may fax this form to: 781-821-4445; please call to verify receipt at 781-830-5727.

For office use only: Chg code: \_\_\_\_\_ Amt: \_\_\_\_\_ Date: \_\_\_\_\_ Ck#: \_\_\_\_\_ Ck.Date: \_\_\_\_\_ Init: \_\_\_\_\_



Massachusetts  
Nurses  
Association



# Member Benefit Tuition Reduction

commitments as of 5/2017



**AMC**  
ANNA MARIA COLLEGE  
ONLINE PROGRAMS



**BECKER COLLEGE**  
Be the change.



**EMMANUEL COLLEGE**

Southern  
New Hampshire  
University

1912  
**SAINT JOSEPH'S**  
COLLEGE MAINE

**WALDEN UNIVERSITY**  
*A higher degree. A higher purpose.*

#### **Anna Maria College**

**Enrollment fee waived and 10% discount**

[onlineprogram@deltak-innovation.com](mailto:onlineprogram@deltak-innovation.com)  
877-265-3201

#### **Becker College**

**Enrollment fee waived and 15% discount**

[katelyn.shea@becker.edu](mailto:katelyn.shea@becker.edu)  
508-373-9505

#### **Emmanuel College**

**Enrollment fee waived and 10% discount**

[muterpeh@emmanuel.edu](mailto:muterpeh@emmanuel.edu)  
617-735-9810

#### **Southern New Hampshire University**

**Enrollment fee waived and 10% discount**

[academicalliances@snhu.edu](mailto:academicalliances@snhu.edu)  
800-668-1249

#### **Saint Joseph's College**

**Enrollment fee waived and 10% discount**

[Sbriggs@sjcme.edu](mailto:Sbriggs@sjcme.edu)  
207-893-7769

#### **Walden University**

**Enrollment fee waived and 20% discount plus grants!**

[brenda.reffett@walden.edu](mailto:brenda.reffett@walden.edu)  
978-971-2245



# Peer Assistance Program

*Help for Nurses with Substance Abuse Problems*



- Are you a nurse who is self-prescribing medications for pain, stress or anxiety?
- Are you a nurse who is using alcohol or other drugs to cope with everyday stress?
- Would you appreciate the aid of a nurse who understands recovery and wants to help?

## Call the MNA Peer Assistance Program

(All information is confidential)

**Call 781-821-4625, x755 or  
800-882-2056, x 755 (In Mass only)**

*[www.peerassistance.com](http://www.peerassistance.com)*





Massachusetts  
Nurses  
Association

Massachusetts Nurses Association  
340 Turnpike Street ■ Canton, Massachusetts 02021-2711  
[www.massnurses.org](http://www.massnurses.org)



## MNA is offering a **NEW & FREE** online continuing education program



### Recognizing and Supporting a Nurse Colleague with Impaired Practice

Visit [www.massnurses.org](http://www.massnurses.org) and click on “MNA CE ONLINE” from the bottom of the home page under the Professional Development section. From there, scroll down to the program title to launch the CE program.

**Program description:** This program will discuss the important issue of narcotic diversion. Diversion prevalence, recognition, and methods for prevention will be explored. The best practice standards for safe handling of narcotics will be presented. The program will conclude with information on resources to support a nurse with a substance use problem as well as the nurses role in safeguarding patient care.

**Developed by:** Carol Mallia RN, MSN, Associate Director – Division of Nursing, Massachusetts Nurses Association.

**Program accreditation:** The Massachusetts Nurses Association is accredited with distinction as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

All programs are free of charge to MNA members only.

**Contact Hours:** This program has been awarded 1.0 contact hour by the Massachusetts Nurses Association until January 1, 2018.

