



CE

continuing education

Spring 2018

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MNA is proud to provide **FREE** continuing nursing education programs to foster professional growth for its members. Offering the programs *locally* to its members improves access and convenience. We hope you appreciate this service and find these courses helpful.

Please visit our website for all upcoming programs.

REGISTER NOW FOR
13th annual
Clinical Nursing
Conference
Details inside

The graphic is a yellow starburst shape with a white outline. Inside the starburst, the text "REGISTER NOW FOR" is written in a curved path at the top. Below that, "13th" is written in a large, blue, serif font, with "annual" in a smaller, blue, sans-serif font to its right. Underneath, "Clinical Nursing Conference" is written in a blue, sans-serif font. At the bottom, "Details inside" is written in a red, italicized, sans-serif font.

REGION 1



Domestic and Sexual Violence Training:

What Nurses Should Know

Description: This presentation will look at the dynamics of domestic and sexual violence, the health impact of violence and abuse, and the consequence of children's exposure to violence. The role of the nurse will be explored to include trauma-informed care. *This three-hour program is approved to meet the BORN re-licensure requirement for mandatory education on Domestic and Sexual Violence Training (MGL c 260-9)*

Presenter: Erin Miller, MPS, MDV, CTSS, CASAC-T

Date: Monday, March 26, 2018 (Snow Date: Tuesday, April 3, 2018)

Time: 4:45 - 5:30 p.m., Registration. *Please note: We are unable to serve food at this location.*

5:30 - 8:30 p.m., Program

Location: Berkshire Community College, 1350 West Street, Pittsfield; 413-499-4660. *Note: Due to exterior site improvements, parking will be directed to their central lot.*

Fee (by check only): Member/Associate Member, free*; Non-Members, \$45.

*Requires a \$25 placeholder fee which will be returned upon attendance.

Contact hours: Will be provided.

Current Trends in Nursing:

An Update on HIV and Hepatitis Care

Description: This program will address the current assessment and nursing care of patients with HIV and Hepatitis. Transmission, treatment strategies, and nursing interventions will be discussed.

Presenter: Mary Linda O'Reilly, MS, APRN, BC

Date: Wednesday, April 11, 2018

Time: 5 - 5:30 p.m., Registration/Dinner

5:30 - 7:45 p.m., Program

Location: Delaney House, 3 Country Club Road, Holyoke; 413-532-1800; delaneyhouse.com

Fee (by check only): Member/Associate Member, free*; Non-Members, \$95.

*Requires a \$25 placeholder fee which will be returned upon attendance.

Contact hours: Will be provided.

Human Trafficking:

The Nursing Implications of Trauma and Survival

Description: Nurses and others who encounter victims of human trafficking often do not recognize it and opportunities to intervene are lost. This program will provide nurses with information resources to understand the phenomenon and the related health risks of human trafficking, to identify indicators and recognize signs that an individual is being trafficked. Strategies for safe intervention will be presented.

Presenter: Donna Sabella, PhD, M.Ed., MSN, RN, PMHNP-BC

Date: Tuesday, April 24, 2018

Time: 5 - 5:30 p.m., Registration/Dinner

5:30 - 7:30 p.m., Program

Location: Delaney House, 3 Country Club Road, Holyoke; 413-532-1800; delaneyhouse.com

Fee (by check only): Member/Associate Member, free*; Non-Members, \$95.

*Requires a \$25 placeholder fee which will be returned upon attendance.

Contact hours: Will be provided.

To register: complete the Regional Registration Form located on page 6 and submit it to the MNA Region 1 Office, 241 King Street, Suite 226, Northampton, MA 01060. For questions, please contact Region 1 at 413-584-4607 or email region1@mna.org.

REGION 2



Alzheimer's Disease and Related Dementia (ADRD) Patients:

What Nurses Need to Know to Manage Their Acute Care

Description: This program will provide the nurse with an overview of Dementia/Alzheimer's disease and strategies to utilize when caring for these patients in acute care.

Presenter: Sara Barnum, MS, RN

Date: Tuesday, March 20, 2018

Time: 5:30 - 6 p.m., Registration/Dinner

6 - 8:15 p.m., Program

Location: Beechwood Hotel, 363 Plantation Street, Worcester; 508-754-5789; www.beechwoodhotel.com

Fee (by check only): Member/Associate Member, free*; Non-Members, \$95. *Requires a \$25 placeholder fee which will be returned upon attendance.

Contact hours: Will be provided.

Nursing Care of the LGBTQ Community

Description: Health outcomes for members of the LGBTQ community are affected by the provision of culturally competent care. Identification of barriers to care and an understanding of correct terminology related to gender and sexuality will be discussed. Nursing care of the transgender community, including best practices and emerging issues, will be explored.

Presenters: Kaitlin Nichols, BSN, RN, ACRN accompanied by panel presenters

Date: Monday, April 23, 2018

Time: 5:30 - 6 p.m., Business Meeting/Dinner

6 - 8:15 p.m., Program

Location: Beechwood Hotel, 363 Plantation Street, Worcester; 508-754-5789; beechwoodhotel.com

Fee (by check only): Member/Associate Member, free*; Non-Members, \$95. *Requires a \$25 placeholder fee which will be returned upon attendance.

Contact hours: Will be provided.

Cannabis ("Medical Marijuana") and the Endocannabinoid System: What Every Nurse Needs to Know

Description: Massachusetts voters approved cannabis for medical use (layman's term, medical marijuana) in 2012 and for recreational use in 2016. The Commonwealth's Cannabis Control Commission is charged with the safe regulation of cannabis. This program will review the human endocannabinoid system, its function in health and disease, and how cannabis complements the body's system. Nursing implications and administration of the plant medicine will also be presented.

Presenter: Elizabeth G. Dost, RN, Clinical Director of the Massachusetts Patient's Advocacy Alliance (MPAA)

Date: Tuesday, May 22, 2018

Time: 5:30 - 6 p.m., Business Meeting/Dinner

6 - 8 p.m., Program

Location: Doubletree Leominster Hotel, 99 Erdman Way, Leominster; 978 534-9000; leominster.doubletree.com

Fee (by check only): Member/Associate Member, free*; Non-Members, \$95. *Requires a \$25 placeholder fee which will be returned upon attendance.

Contact hours: Will be provided.

To register: complete the Regional Registration Form located on page 6 and submit it to the MNA Region 2 Office, 365 Shrewsbury Street, Worcester, MA 01604. For questions, please contact Region 2 at 508-756-5800 ext. 100 or email region2@mna.org.

REGION 3



Domestic and Sexual Violence Training: What Nurses Should Know

Description: This presentation will look at the dynamics of domestic and sexual violence, the health impact of violence and abuse as well as the consequences of childhood exposure to violence. The role of the nurse will be explored to include trauma-informed care. *This three-hour program is approved to meet the BORN re-licensure requirement for mandatory education on Domestic and Sexual Violence Training (MGL c 260-9)*

Presenters: Erin Miller, MPS, MDV, CTSS, CASAC-T

Date: Thursday, March 29, 2018 (Snow date of Thursday, April 12, 2018)

Time: 5 - 5:30 p.m., Registration. *Please note: We are unable to serve food at this location.*

5:30 - 8:30 p.m., Program

Location: Plymouth North High School, Performing Arts Center, 41 Obery Street, Plymouth (located less than a mile from exit 5 off Route 3. Follow the signs to BI Deaconess Plymouth Hospital and the entrance to the high school is directly across from the hospital entrance driveway).

Fee (by check only): Member/Associate Member*, free; Non-Members, \$45. *Requires a \$25 placeholder fee which will be returned upon attendance.

Contact Hours: Will be provided.

Morning Session: Psychiatric Competencies for the Non-Psychiatric Nurse

Description: This program will provide nurses with information regarding the nursing management of mental health issues impacting hospitalized patients in a non-psychiatric setting. Clinical presentation and nursing interventions of a variety of mental health disorders and relevant regulations, communication strategies, and assessment tools will be discussed, including case-study review.

Presenter: Martha Carville Patch, DNP, PMHNP-BC, CCM

Date: Thursday, April 26, 2018

Time: 9:15 - 9:45 a.m., Registration/Continental Breakfast

9:45 a.m. - 12 p.m., Morning Program

12 - 1 p.m., Lunch • 1 - 3:15 p.m., Afternoon Program

Afternoon Session: Understanding Autism and Autism Spectrum Disorders: A Workshop for Nurses

Description: This program will provide information on the identification, classification, management, and clinical interventions for patients with autism spectrum disorders and their families. The role of the nurse and other health care providers caring for a child with autism or other special needs will be specifically reviewed.

Presenter: Susan Loring, RN

Location: Trowbridge Tavern and Canal Club (located behind the hotel) 100 Trowbridge Road, Bourne; 508-743-9000; trowbridgetavern.com

Fee (by check only): Member/Associate Member, free*; Non-Members, \$195. *Requires a \$50 placeholder fee which will be returned upon attendance at program.

Contact hours: Will be provided.

Places in the Heart: The ABCs of Cardiac Medications

Description: This session will take a physiologic approach to understanding cardiac medications commonly utilized in managing patients with cardiovascular disease. Specific pharmacologic agents to be reviewed include: antiarrhythmic, ACE inhibitors, angiotensin receptor blockers, beta blockers and calcium channel blockers. Implications for administering and evaluating the effectiveness of these medications will also be highlighted.

Presenter: Carol Daddio Pierce, MS, RN, CCRN

Date: Wednesday, May 16, 2018

Time: 5:30 - 6 p.m., Registration/Dinner

6 - 8:15 p.m., Program

Location: Trowbridge Tavern and Canal Club (located behind the hotel) 100 Trowbridge Road, Bourne; 508-743-9000; trowbridgetavern.com

Fee (by check only): Member/Associate Member*, free; Non-Members, \$95. *Requires a \$25 placeholder fee which will be returned upon attendance.

Contact Hours: Will be provided.

To register: complete the Regional Registration Form located on page 6 and submit to the MNA Regional Council 3, PO Box 1363, Sandwich, MA 02563. For questions, please contact Region 3 at 508-888-5774 or email region3@mnarn.org.

REGION 4



Current Trends in Nursing-An Update on HIV and Hepatitis Care

Description: This program will address the current assessment and nursing care of patients with HIV and Hepatitis. Transmission, treatment strategies, and nursing interventions will be discussed.

Presenter: Mary Linda O'Reilly, MS, APRN, BC

Date: Tuesday, April 10, 2018

Time: 5 - 6 p.m., Registration/Dinner • 6 - 8:15 p.m., Program

Location: Danversport Yacht Club, 161 Elliot Street, Danvers; 978-774-8620, www.danversport.com

Fee (by check only): Member/Associate Member, free*; Non-Members, \$95. *Requires a \$25 placeholder fee which will be returned upon attendance.

Contact Hours: Will be provided.

Strategies for Pain Management in Challenging Populations: A Nursing Perspective

Description: Adequate pain management is essential to patient care.

Some populations present challenges to nurses: the very young, the very old, and those with the disease of addiction. This program will address the challenges of pain management in these patients through strategic nursing approaches to patient care. Case studies will enhance the discussion.

Presenters: Cheryl Marks, MS, RN-BC, FNP-BC, ACHPN and Anne

Meginniss, MSN, RN/FNP-BC

Date: Thursday, May 17, 2018

Time: 5 - 6 p.m., Registration/Dinner

6 - 8:15 p.m., Program

Location: Danversport Yacht Club, 161 Elliot Street, Danvers; 978-774-8620, www.danversport.com

Fee (by check only): Member/Associate Member*, free; Non-Members, \$95. *Requires a \$25 placeholder fee which will be returned upon attendance.

Contact Hours: Will be provided.

Domestic and Sexual Violence Training: What Nurses Should Know

Description: This presentation will look at the dynamics of domestic and sexual violence, the health impact of violence and abuse as well as the consequences of childhood exposure to violence. The role of the nurse will be explored to include trauma-informed care. *This three-hour program is approved to meet the BORN re-licensure requirement for mandatory education on Domestic and Sexual Violence Training (MGL c 260-9)*

Presenters: Erin Miller, MPS, MDV, CTSS, CASAC-T

Date: Tuesday, June 12, 2018

Time: 4:45 - 5:30 p.m., Registration/Dinner

5:30 - 8:30 p.m., Program

Location: Danversport Yacht Club, 161 Elliot Street, Danvers; 978-774-8620; danversport.com

Fee (by check only): Member/Associate Member*, free; Non-Members, \$95. *Requires a \$25 placeholder fee which will be returned upon attendance.

Contact Hours: Will be provided.

Domestic and Sexual Violence Training: What Nurses Should Know

Date: Wednesday, September 12, 2018

Time: 4:45 - 5:30 p.m., • Registration 5:30-8:30 p.m., Program

Location: Methuen High School, Auditorium, (Please enter through Auditorium entrance) 1 Ranger Road, Methuen, MA 01844

Please note: We are unable to serve food at this location. No food or beverages are allowed in the auditorium.

To register by mail: Submit the completed registration form and fee to the MNA Region 4 office, 50 Salem Street, Building A, Lynnfield, MA 01940.

For questions, please contact Region 4 at 781-584-8012 or email region4@mnarn.org

To register: complete the Regional Registration Form located on page 6 and submit to the MNA Regional Council 4, 50 Salem Street, Building A, Lynnfield, MA 01940. For questions, please contact Region 4 at 781-584-8012 or email region4@mnarn.org.



Human Trafficking: The Nursing Implications of Trauma and Survival

Description: Nurses and others who encounter victims of human trafficking often do not recognize it and opportunities to intervene are lost. This program will provide nurses with information to understand the phenomenon and the related health risks of human trafficking, to identify indicators and recognize signs that an individual is being trafficked. Strategies for safe intervention will be presented.

Presenter: Donna Sabella, PhD, M.Ed, MSN, RN, PMHNP-BC

Date: Thursday, April 12, 2018

Time: 5 - 5:30 p.m., Registration/Dinner
5:30 - 7:45 p.m., Program

Location: MNA Headquarters, 340 Turnpike Street, Canton

Fee (by check only): Member/Associate Member, free*; Non-Members, \$95. *Requires a \$25 placeholder fee which will be returned upon attendance.

Contact Hours: Will be provided.

Strategies for Pain Management in Challenging Populations: A Nursing Perspective

Description: Adequate pain management is essential to patient care. Some populations present challenges to nurses: the very young, the very old, and those with the disease of addiction. This program will address the challenges of pain management in these patients through strategic nursing approaches to patient care. Case studies will enhance the discussion.

Presenters: Cheryl Marks, MS, RN-BC, FNP-BC, ACHPN and Anne Meginniss, MSN, RN/FNP-BC

Date: Thursday, May 24, 2018

Time: 5 - 5:30 p.m., Registration/Dinner
5:30 - 7:45 p.m., Program

Location: MNA Headquarters, 340 Turnpike Street, Canton, 781-821-8255

Fee (by check only): Member/Associate Member, free*; Non-Members, \$95. *Requires a \$25 placeholder fee which will be returned upon attendance.

Contact Hours: Will be provided.

Domestic and Sexual Violence Training: What Nurses Need to Know

Description: This presentation will look at the dynamics of domestic and sexual violence, the health impact of violence and abuse as well as the consequences of childhood exposure to violence. The role of the nurse will be explored to include trauma-informed care. This three-hour program had been approved to meet the BORN re-licensure requirement for mandatory education on Domestic and Sexual Violence Training (MGL c 260-9).

Presenter: Erin Miller, MPS, MDV, CTSS, CASAC-T

Date: Wednesday, April 25, 2018

Time: 7:30 - 8 a.m., session one registration
8 - 11 a.m., session one
11:30 a.m. - 12 p.m., session two registration
12 - 3 p.m., session two

Location: The Bank of Canton, 490 Turnpike Street, Canton

Fee: Member/Associate Member, free*; Non-Member, \$45. *Requires a \$25 placeholder fee which will be returned upon attendance at program.

Contact Hours: Will be provided.

Basic Dysrhythmia Interpretation

Description: This two-part course is designed for registered nurses working with cardiac monitoring. Implications and clinical management of cardiac dysrhythmias will be discussed. The course will include a text book and requires studying between sessions.

Presenters: Mary Sue Howlett, PhD (c), RN/FNP-BC, CEN; Carol Mallia, MSN, RN

Dates: Friday, March 16, 2018 (part one)

Friday, March 30, 2018 (part two)

Snow date: Friday, April 6, 2018

Time: 8:30 - 9 a.m., Registration
9 a.m. - 3 p.m., Program; light lunch provided

Location: MNA Headquarters, 340 Turnpike St., Canton, MA

Fee: Member/Associate Member, free*; Non-Member, \$195. *Requires a \$50 placeholder fee which will be returned upon attendance. **There is a non-refundable fee of \$30 for workbook and calipers.**

Contact Hours: Will be provided.

MNA Contact: Theresa Yannetty, 781-830-5727

Advanced Cardiac Life Support (ACLS): Certification and Recertification

Description: This AHA course will provide information on the clinical management of medical emergencies through a case study approach. This is a two-day certification and a one-day recertification course. *This challenging course is best suited for nurses working in acute or critical care areas. Attendees must be proficient in dysrhythmia interpretation. Please note the dates of the Basic Dysrhythmia program if not proficient in dysrhythmia interpretation.*

Presenters: Carol Mallia, MSN, RN; Mary Sue Howlett, PhD (c), RN/FNP-BC, CEN; Charlene L. Richardson, MSN, RN, CEN, LNC and other instructors for the clinical sessions

Dates: Friday, April 13, 2018 and Friday, April 20, 2018 (certification)
Friday, April 20, 2018 (recertification only)

Time: 8:30 - 9 a.m., Registration
9 a.m. - 5 p.m., Program (light lunch provided)

Location: MNA Headquarters, 340 Turnpike St., Canton, MA

Fee: Certification: MNA Members/Associate Members, free*; Non-Member, \$250

Recertification: MNA Members/Associate Members, free*; Non-Member, \$195

***Requires \$100 placeholder fee which will be returned upon attendance. There is a non-refundable cost of \$50 for the workbook.**

Contact Hours: Contact hours will not be awarded for this program.

MNA Contact: Liz Chmielinski, 781-830-5719

Understanding the Complexities of Impaired Practice in Health Professionals

Description: This program will discuss how health professionals are at risk for substance use disorders and how we can assist them toward recovery. An overview of the Board of Registration in Nursing's Substance Abuse Recovery Program (SARP) will be discussed as well as other resources such as the MNA's Peer Assistance program. Program will conclude with a discussion by nurses in recovery.

Presenters: Donna White, PhD, RN; Carol Mallia, MSN, RN; Alison Burns Pharm D, RPh; and Dawn DeVaux, MSN, RN-BC CARN; accompanied by panel presenters

MNA Headquarters Course Registration: Complete the MNA Headquarters Registration Form located on Page 7 or register online at massnurses.org. Credit card payment is available for CE courses offered at MNA Headquarters.

To register: complete the Regional Registration Form located on page 6 and submit to the MNA Region 5 Office, 340 Turnpike Street, Canton, MA 02021. For questions, please contact Region 5 at 781-821-8255 or email region5@mna.org.

MNA HEADQUARTERS CONT.

Understanding the Complexities of Impaired Practice in Health Professionals continued

Date: Wednesday, May 30, 2018

Time: 9 - 9:30 a.m., Registration
9:30 a.m. - 12 p.m., Morning Presentations
12 - 12:45 p.m., Lunch (provided)
12:45 - 4 p.m., Afternoon Presentations

Location: MNA Headquarters, 340 Turnpike St., Canton, MA

Fee: Member/Associate Member, free*; Non-Members, \$195. *Requires a \$50 placeholder fee which will be returned upon attendance.

Contact Hours: Will be provided.

MNA Contact: Susan Clish, 781-830-5723

All Hands on Deck: The Challenges of Managing the Illicit Drug Use Dilemma

Description: The purpose of this program is to educate nurses on the public health dilemma of the drug crisis and the impact it has on the world today. This program will include the pathophysiology of addiction, nursing considerations in caring for patients suffering from the disease of addiction, perspective of the family and victim, and the role of law enforcement in the attempt to defeat the war on drugs.

Presenters: Charlene Richardson, MSN, RN, CEN, LNC; accompanied by panel presenters

Date: Wednesday, June 13, 2018

Time: 7:30 - 8 a.m., Registration
8 a.m. - 4 p.m., Program; light lunch provided

Location: The Bank of Canton, 490 Turnpike Street, Canton. Parking in rear of building.

Fee: Member/Associate Member, free*; Non-Member, \$195. *Requires a \$50 placeholder fee which will be returned upon attendance at program.

Contact Hours: Will be provided.

MNA Contact: Theresa Yannetty, 781-830-5727

SAVE *the* DATE

March 22, 2018

Doubletree Hotel, Milford



**ACTIVIST
ASSEMBLY**

Registration details to follow. Also check www.massnurses.org for updates. Any further questions can be directed to Dolores at 781-830-5722.

We hope to see you there!

REGIONAL REGISTRATION

Registration Directions: Registration will be processed on a space available basis. All programs are free to members; however, there is a placeholder fee of \$25 for all evening programs and \$50 for all full day programs. This fee will be returned upon attendance at the program. Program fees for non-members are \$95 for evening programs and \$195 for all full day programs. If registrants do not attend the program or call to cancel, the fee will NOT be refunded. Please submit a **separate check for each program** and mail to the appropriate region office. If registering for programs in more than one region, please duplicate the registration form or download from www.massnurses.org and submit registration forms to the appropriate region offices with the specified fee.

Payment: Payment may be made by mailing a **separate check for each course** to the appropriate regional office. At this time regional offices are unable to process credit card information for this purpose. Thank you for your understanding on this matter.

Program Cancellation: MNA reserves the right to change speakers or cancel programs due to extenuating circumstances. In case of inclement weather, please call the MNA Region Office registration contact telephone number to determine whether a program will run as originally scheduled. Registration fee will be reimbursed for all cancelled programs.

Contact Hours: Contact hours will be awarded by the Massachusetts Nurses Association for all programs.

To successfully complete a program and receive contact hours or a certificate of attendance, you must: (1) sign in; (2) be present for the entire time period of the program; and (3) complete and submit the program evaluation.

The Massachusetts Nurses Association is accredited with distinction as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Chemical Sensitivity: Scents may trigger responses in those with chemical sensitivities. Please avoid wearing scented personal products when attending MNA continuing education programs.

Disability Help: Please contact the MNA Regional Council Office with any questions about special needs accessibility.

Please print. Mail this completed form along with a separate check for each course to appropriate region. Please make copies of this form for courses at multiple regions or download this brochure at www.massnurses.org.

Please note: all Domestic and Sexual Violence training programs are available for online registration.

Name: _____ Phone: _____ Email: _____

Address: _____ City: _____ State: _____ Zip: _____

Place of Employment _____

_____ RN _____ LPN _____ APN _____ Other (specify) _____

Region 1 Make check payable to: MNA Region 1 Office and mail to MNA Region 1 Office, 241 King Street, Suite 226, Northampton, MA 01060.

- Domestic & Sexual Violence Training: What Nurses Should Know** Non-member: \$45 • Member/Associate Member: \$25 placeholder fee.
- Current Trends in Nursing: An Update on HIV and Hepatitis Care** Non-member: \$95 • Member/Associate Member: \$25 placeholder fee.
- Human Trafficking: The Nursing Implications of Trauma and Survival** Non-member: \$95 • Member/Associate Member: \$25 placeholder fee.

Region 2 Make check payable to: MNA Region 2 and mail to MNA Region 2 Office, 365 Shrewsbury Street, Worcester, MA 01604.

- Alzheimer's Disease and Related Dementia (ADRD) Patients: What Nurses Need to Know to Manage Their Acute Care** Non-member: \$95 • Member/Associate Member: \$25 placeholder fee
- Nursing Care of the LGBTQ Community** Non-member: \$95 • Member/Associate Member: \$25 placeholder fee
- Cannabis ("Medical Marijuana") and the Endocannabinoid System: What Every Nurse Needs to Know** Non-member: \$95 • Member/Associate Member: \$25 placeholder fee

Region 3 Make check payable to: MNA Region 3 and mail to MNA Regional Council 3, PO Box 1363, Sandwich, MA 02563.

- Domestic & Sexual Violence Training: What Nurses Should Know** Non-member: \$45 • Member/Associate Member: \$25 placeholder fee
- Psychiatric Competencies for the Non-Psychiatric Nurse & Understanding Autism and Autism Spectrum Disorders: A Workshop for Nurses** Non-member: \$195 • Member/Associate Member: \$50 placeholder fee
- Places in the Heart: The ABCs of Cardiac Medications** Non-member: \$95 • Member/Associate Member: \$25 placeholder fee

Region 4 Make check payable to: MNA Regional Council 4 and mail to MNA Regional Council 4, 50 Salem Street, Building A, Lynnfield, MA 01940.

- Current Trends in Nursing-An Update on HIV and Hepatitis Care** Non-member: \$95 • Member/Associate Member: \$25 placeholder fee
- Strategies for Pain Management in Challenging Populations: A Nursing Perspective** Non-member: \$95 • Member/Associate Member: \$25 placeholder fee
- 6/12/18 **Domestic & Sexual Violence Training: What Nurses Should Know** Non-member: \$95 • Member/Associate Member: \$25 placeholder fee
- 9/12/18 **Domestic & Sexual Violence Training: What Nurses Should Know** Non-member: \$45 • Member/Associate Member: \$25 placeholder fee

Region 5 Make check payable to: MNA Region 5 Office and mail to MNA Region 5, 340 Turnpike Street, Canton, MA 02021.

- Human Trafficking: The Nursing Implications of Trauma and Survival** Non-member: \$95 • Member/Associate Member: \$25 placeholder fee
- Strategies for Pain Management in Challenging Populations: A Nursing Perspective** Non-member: \$95 • Member/Associate Member: \$25 placeholder fee
- Domestic & Sexual Violence Training: What Nurses Should Know Session 1** Non-member: \$45 • Member/Associate Member: \$25 placeholder fee.
- Domestic & Sexual Violence Training: What Nurses Should Know Session 2** Non-member: \$45 • Member/Associate Member: \$25 placeholder fee.

MNA HEADQUARTERS REGISTRATION

Registration Directions: Registration will be processed on a space available basis. All programs are free to members; however, there is a placeholder fee of \$25 for all evening programs and \$50 for all full day programs (except for ACLS). This fee will be returned upon attendance at the program. Program fees for non-members are \$95 for evening programs and \$195 for all full day programs (except for ACLS). If registrants do not attend the program or call to cancel, the fee will NOT be refunded.

For courses offered at MNA headquarters, registration/payment of fee is available online. Visit our website at www.massnurses.org and register for the course of your choice from our Events Calendar.

Payment: Payment may be made with a Master Card, Visa, Discover or AMEX by calling the MNA contact person listed or by mailing a **separate check for each program** to the MNA, 340 Turnpike Street, Canton, MA 02021.

Program Cancellation: MNA reserves the right to change speakers or cancel programs due to extenuating circumstances. In case of inclement weather, please call the MNA at 781-821-4625 or 800-882-2056 to determine whether a program will run as originally scheduled. Registration fee will be reimbursed for all cancelled programs.

Contact Hours: Contact hours will be awarded by the Massachusetts Nurses Association for all programs except for ACLS certification.

To successfully complete a program and receive contact hours or a certificate of attendance, you must: (1) sign in; (2) be present for the entire time period of the program; and (3) complete and submit the program evaluation.

The Massachusetts Nurses Association is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Chemical Sensitivity: Scents may trigger responses in those with chemical sensitivities. Please avoid wearing scented personal products when attending MNA continuing education programs.

Disability Help: Please contact the MNA Division of Nursing with any questions about special needs accessibility.

Now Available  **Online registration for courses offered at MNA Headquarters.**

Go to www.massnurses.org.

Due to heavy traffic volume on major roadways, please allow extra travel time.

Directions to MNA Headquarters

From Logan International Airport: Take the Ted Williams Tunnel. Follow signs to I-93 S/ SOUTHEAST EXPRESSWAY. Stay on I-93 S for approximately 15 miles. Take EXIT 2A/ RT-138 S/ STOUGHTON. Follow directions from RT-138 below.

From Boston: Take I-93 S/ SOUTHEAST EXPRESSWAY. Stay on I-93 S to EXIT 2A/ RT-138 S/ STOUGHTON. Follow directions from RT-138 below.

From Cape Cod/South Shore: Take RT-3 N. Merge onto US-1 S/ I-93 S via exit number 20 on the left toward I-95/ DEDHAM. Take EXIT 2A/ RT-138 S/ STOUGHTON. Follow directions from RT-138 below.

From the North: Take I-95 S/ RT-128 S to I-93 N/ US-1 N. You will see a sign reading "I-93 N to BRAintree/ CAPE COD." Continue onto I-93 N/ US-1 N for 1.2 miles. Take EXIT 2A/ RT-138 S/ STOUGHTON. Follow directions from RT-138 below.

From the West: Take Mass. Pike East to I-95 S/ RT-128 S. Take I-95 S/ RT-128 S to I-93 N/ US-1 N. You will see a sign reading "I-93 N to BRAintree/ CAPE COD." Continue onto I-93 N/ US-1 N for 1.2 miles. Take EXIT 2A/ RT-138 S/ STOUGHTON. Follow directions from RT-138 below.

From RT-138 (Turnpike Street): Drive approximately 2 miles (you will pass through two traffic lights). Take a left at the billboard which reads 320-348 Turnpike Street. Follow the road, which curves to the right. You will see the brick Massachusetts Nurses Association building. The MNA is on the second floor.

Please print. You may make copies of this form or download this brochure at www.massnurses.org.

Name: _____ Phone: _____ Email: _____

Address: _____ City: _____ State: _____ Zip: _____

Place of Employment: _____

_____ RN _____ LPN _____ APN _____ Other (specify) _____

Please mail this completed form with check made payable to MNA at: Massachusetts Nurses Association • 340 Turnpike Street • Canton, MA 02021

Payment may also be made by: VISA MasterCard American Express Discover

Account #: _____ Expiration Date: _____ Security code: _____

For Credit Card registrations you may fax this form to: 781-821-4445; please call to verify receipt, 781-821-4625.

For office use only: Chg code: _____ Amt: Date: _____ Ck#: _____ Ck.Date: _____ Init: _____

Basic Dysrhythmia Interpretation Member/Associate Member, free*; Non-member, \$195. *Requires a \$50 placeholder fee which will be returned upon attendance. **There is a non-refundable fee of \$30 for workbook and calipers.**

ACLS Certification and Recertification Certification: MNA Member/Associate Member, \$50 non-refundable cost for workbook; Non-member, \$250* Recertification: MNA Member/Associate Member, \$50 non-refundable cost for workbook; Non-member, \$195* *Requires \$100 placeholder fee which will be returned upon attendance.

Understanding the Complexities of Impaired Practice in Health Professionals Non-member: \$195 • Member/Associate Member: \$50 placeholder fee.

All Hands on Deck: The Challenges of Managing the Illicit Drug Use Dilemma Non-member: \$195 • Member/Associate Member: \$50 placeholder fee.

13th annual

Clinical Nursing Conference



May 4, 2018

DCU Center
Foster Street / Major Taylor Boulevard
Worcester, MA

FREE
to MNA members
Enrollment limited
to 750!



Schedule

7 – 8 a.m. Registration & Continental Breakfast

8 – 8:15 a.m. MNA Ballot Initiative:

The MNA Ballot Initiative for Safe Patient Limits: The Key to Protecting Your Patients and Your Clinical Practice

Donna Kelly-Williams, RN, President of the MNA

8:15 – 8:30 a.m. Welcome & Opening Remarks

8:30 – 9:30 a.m. Keynote Address

It all comes down to staffing

Lisa A. Wolf, PhD, RN, CEN, FAEN

Nursing and patient outcomes can be directly linked to the appropriate number and skill mix of staff. Determining appropriate staffing is dependent on volume and acuity, as well as the educational and experience attributes of nurses. Advocating for appropriate staffing requires an understanding of the outcomes measures of inappropriate staffing. This presentation will describe the current literature and evidence on staffing for inpatient, childbirth centers, and emergency settings, and identify outcomes that can assist bedside nurses in determining staffing levels.

9:30 – 9:45 a.m. Break

9:45 – 11:10 a.m. Concurrent Sessions:

Prediabetes, Insulin Resistance and Type 3 Diabetes...What You and Your Patients MUST KNOW!

Scherrie Keating RN, BSN, CDE, CDC National DPP Lifestyle Coach

According to the CDC, "there are 84.1 million adults living in the US with prediabetes and 90% are unaware! Without major changes, one in three will develop Type 2 Diabetes in their lifetime. Attend this breakout session, increase your understanding of Prediabetes, Insulin resistance and hear about the latest research on "Type 3 Diabetes" and its connection to Alzheimer's Disease. Become educated on the Diabetes Prevention Program and its proven lifestyle changes to reduce your patients risks of developing Type 2 Diabetes by 58-71%.

The Effects of Drugs of Abuse on the Adolescent & Adult Human Brain

Stephen L. Dewey Ph.D.

This program will educate participants on how alcohol and drug use affects the developing adolescent and adult brain. The presentation will cover a number of substances, starting from the gateway drugs, to some of the more addictive ones such as heroin. Cutting edge research will be reviewed to support the disease model of addiction and to illustrate how drugs cause chemical and physiological changes in the brain that can make it next to impossible for addicts to stop using them without help. PET brain studies will also be used to illustrate the profound effects that drugs have on the brain functioning and development.

The deteriorating patient – recognition, care, and the social environment

Lisa A. Wolf, PhD, RN, CEN, FAEN

This presentation will address the educational/knowledge clinical components of deterioration, and also the social environment in which good decision making occurs. The experience and presence of the nurse are important components in early recognition of clinical markers of deterioration including vital signs, mental status, and urine output. The social environment, and level and skill mix of staffing affect the ability of the nurse to appropriately rescue the deteriorating patient

Domestic and Sexual Violence Training: What Nurses Need to Know

Three-hour session, which will be taught from 9:45 a.m. – 12:45 p.m.

Erin Miller, MPS, MDV, CTSS, CASAC-T

This presentation will look at the dynamics of domestic and sexual violence, the health impact of violence and abuse as well as the consequences of childhood exposure to violence. The role of the nurse will be explored to include trauma-informed care.

The Department of Public Health has mandated the Board of Registration in Nursing promulgate regulations establishing standards that require training on the issue of domestic violence and sexual violence as a condition of licensure and license renewal. This three hour training session is approved through DPH to meet the statute.

11:10 – 11:20 a.m. Transition to next session

11:20 a.m. – 12:45 p.m. Concurrent Sessions:

Burnout: How to avoid becoming the human flashpoint (or at least contain the flames)

Mary Linda O'Reilly, MS, APRN, BC

The goal of this program is to help nurses prevent, identify and manage compassion fatigue. Nursing is a hard emotional, physical and spiritual work, but it is also very rewarding. The Stresses and strains of working in the nursing industry can take a toll on even the strongest personality. From persistent patient to strict regulations, nurses are constantly facing challenges both big and small, physical and emotional. Burnout, also known as compassion fatigue, can get the best of you, but only if you let it.

Optimizing Outcomes for Hospitalized Patients with Autoimmune Disease: Rheumatoid Arthritis and Lupus

Mercy Bashir, DNP, ANP-C, GNP-BC

This program will include a presentation of hospitalized patients with autoimmune disease. Pathophysiology, nursing assessment, and interventions will be discussed and highlighted in case study scenarios.

Licensure Essentials: Protecting Your Livelihood

Eddie Brouse, JD, RN

The session will review common misunderstandings nurses have about licensure, as well as reasons nurses are disciplined by their licensing boards. Case examples will be discussed and tips will be provided for preventing nursing board charges, as well as defending oneself when under investigation.

12:45 – 2 p.m. Lunch

2 – 3 p.m. Closing Session

HIPAA: Misconceptions, Realities, Risks and Responsibilities

Eddie Brouse, JD, RN

The session will identify common misperceptions regarding HIPAA. Penalties for non-compliance will be reviewed, as well as best practices for avoiding violations. The use of social media will be analyzed within a context of professional responsibilities and HIPAA compliance.

3 – 3:15 p.m. Closing Remarks

As an MNA member,
you are invited to
attend the

13th annual

Clinical Nursing Conference

FREE

\$75 placeholder fee required

This full-day clinical program is designed to update registered nurses on a variety of current clinical topics and relevant issues pertinent to today's nursing practice.

Program Cancellation

MNA reserves the right to change speakers or cancel programs for extenuating circumstances.

Disability Help

Contact Liz Chmielinski at 781-830-5719 with questions about special needs accessibility.

Refund

Refund of the placeholder fee will be issued up to two weeks before the program date. If registrants do not attend the program or call to cancel, the fee will not be refunded.

Placeholder Fee

A payment of \$75 must be submitted with your registration. **Payment by credit card is available online at www.massnurses.org; go to the Professional Development/CE page of the website.** If you pay by check, it will be returned upon attendance.

Chemical Sensitivity

Attendees are requested to avoid wearing scented personal products when attending the 13th Annual MNA Clinical Nursing Conference. Scents may trigger responses in those with chemical sensitivity.



Directions

From the North:

Take Rt. 495-S. Get off at Exit 25B. Take Rt. 290-W. Get off at Exit 18. Follow signs to the DCU Center.

From the East:

Take I-90-W (Mass. Turnpike West) to Rt. 495-N to Rt. 290-W. Get off at Exit 18. Follow signs to the DCU Center.

From the South:

Take Rt. 495-N to Rt. 290-W. Get off at Exit 18. Follow signs to the DCU Center.

From the West:

Take I-90-E. (the Mass. Turnpike East) to Exit 10 (Auburn). After the tollbooth, bear left at the fork. Take Rt. 290-E. Get off at Exit 16. Take a left at the bottom of the ramp (there is a light). At the 3rd set of lights (Major Taylor Boulevard), the DCU Center is on your left.

Parking

Parking is available for a fee in multiple locations around the DCU Center.

Hotel Information

The MNA has secured several single and double rooms for \$134, plus 14.45% tax, at the Hilton Garden Inn, Worcester, MA. Hotel is adjacent to the DCU Center. Parking is \$9.95 per night. For reservations call 508-753-5700 by April 20, 2018.

Contact Hours

Continuing nursing education contact hours will be provided. **To successfully complete a program and receive contact hours, you must: 1) sign in, 2) be present for the entire time period of the sessions, and 3) complete and submit the evaluation.**

The Massachusetts Nurses Association is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

REGISTRATION FORM: 13th ANNUAL MNA CLINICAL NURSING CONFERENCE • MAY 4, 2018

Name _____ Email _____
 _____ RN _____ APN _____ Other (specify) _____
 Address _____
 City _____ State _____ Zip _____
 Telephone: Daytime _____ Evening _____
 Place of employment _____

Every effort will be made to accommodate your selections. To register, please return the completed form with your check payable to MNA for the placeholder fee of \$75 to:

MNA • Attn.: Liz Chmielinski • 340 Turnpike Street • Canton, MA 02021

For online registrations go to www.massnurses.org and click on the News and Events page.

Sessions fill on a space available basis, and will close once seating capacity is reached.

You must indicate your "1st," "2nd," and "3rd" choices for the following morning concurrent sessions:

Pre-Diabetes Drug Effect on Brain Patient Deterioration Domestic Violence and Sexual Assault (three-hour session)

You must indicate your "1st," "2nd," and "3rd" choices for the following afternoon concurrent sessions:

Burnout Autoimmune Disease Licensure Essentials

This is a
FREE
conference for all
MNA members

**\$75 placeholder
fee will be
returned at
registration on
May 4, 2018.**

Health



CONTINUING EDUCATION ONLINE

www.massnurses.org

Click on **MNA CE ONLINE** on the home page under **Professional Development**.



Recognizing and Supporting a Nurse Colleague with Impaired Practice

This program will discuss the important issue of narcotic diversion. Diversion prevalence, recognition, and methods for prevention will be explored. The best practice standards for safe handling of narcotics will be presented. The program will conclude with information on resources to support a nurse with a substance use problem as well as the nurses role in safeguarding patient care. Contact hours for this activity will be awarded until *January 24, 2020*.

Accepting, Rejecting and Delegating a Work Assignment

The purpose of this activity is to provide a framework for decision-making based on the Massachusetts Nurse Practice Act and other regulatory agencies to safeguard patient care. Contact hours will be awarded until *March 31, 2018*.

Nanotechnology: Benefits, Nursing Implications and Safety Practices to Protect both Patients and Workers

This program is designed to inform nurses of the many hazards associated with the use of nanotechnology; the study and application of extremely small particles in their daily nursing practice. The learner will be able to ascertain the widespread use of nanotechnology and be able to recognize both its benefits, risks, and applications in healthcare, as well as nursing implications. Contact hours will be awarded for this program until October 10, 2019

Program Requirements

To successfully complete a program and receive contact hours, you must read the entire program, take and pass the Post-Test and complete the Program Evaluation. To pass the Post-Test, you must achieve a score of 80% or above. Your certificate of completion will be available immediately, from the "My Account Page," upon successful completion of the program.

Accreditation

The Massachusetts Nurses Association is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

All programs are free of charge to MNA members only.

Contact Hours

Contact hours will be awarded by the Massachusetts Nurses Association.



Massachusetts
Nurses
Association





MNASM

Peer Assistance Program

Help for Nurses with Substance Abuse Problems



- ✓ Are you a nurse who is self-prescribing medications for pain, stress or anxiety?
- ✓ Are you a nurse who is using alcohol or other drugs to cope with everyday stress?
- ✓ Would you appreciate the aid of a nurse who understands recovery and wants to help?

Call the MNA Peer Assistance Program

(All information is confidential)

**Call 781-821-4625, x755 or
800-882-2056, x 755 (In Mass only)**

www.peerassistance.com



Massachusetts
Nurses
Association





Massachusetts
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Massachusetts Nurses Association

340 Turnpike Street ■ Canton, Massachusetts 02021-2711

www.massnurses.org



MNA is offering a
NEW & FREE online continuing
education program



Recognizing and Supporting a Nurse Colleague with Impaired Practice

Visit www.massnurses.org and click on “MNA CE ONLINE” from the bottom of the home page under the Professional Development section. From there, scroll down to the program title to launch the CE program.

Program description: This program will discuss the important issue of narcotic diversion. Diversion prevalence, recognition, and methods for prevention will be explored. The best practice standards for safe handling of narcotics will be presented. The program will conclude with information on resources to support a nurse with a substance use problem as well as the nurses role in safeguarding patient care.

Developed by: Carol Mallia RN, MSN, Associate Director – Division of Nursing, Massachusetts Nurses Association.

Program accreditation: The Massachusetts Nurses Association is accredited with distinction as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

All programs are free of charge to MNA members only.

Contact Hours: This program has been awarded 1.0 contact hour by the Massachusetts Nurses Association until January 24, 2020.

