

The logo for the Massachusetts Nurses Association (MNA) features the letters 'MNA' in a bold, white, sans-serif font. A small 'SM' trademark symbol is positioned to the upper right of the 'A'. The logo is set against a dark blue rectangular background with a thin white border.

Massachusetts  
Nurses  
Association

# CE

*continuing nursing education*

# Autumn 2024

MNA is proud to provide **FREE** continuing nursing education programs to foster professional growth for its members. Offering the programs *locally* to its members improves access and convenience. We hope you appreciate this service and find these courses helpful.

**Registration:**

Members register by signing in to the MNA App/events section or sign in to the MNA website (follow QR code), and click the CE Programs/Events button. Non Members register by contacting: Liz Chmielinski at 781-830-5719 or [echmielinski@mnarn.org](mailto:echmielinski@mnarn.org).



**Please visit our website for all upcoming programs.**





# CNE

*continuing nursing education*

For Autumn 2024 Continuing Education Program registration: Members register by signing in to the MNA App/events section or sign in to the website <https://mna.yourassociation.org>, and click the CE Programs/Events button. Non Members register by contacting: Liz Chmielinski at 781-830-5719 or [echmielinski@mnarn.org](mailto:echmielinski@mnarn.org)

## IN-PERSON OFFERINGS

### REGION 1

#### **Fundamentals of Workers' Compensation: Information You Need To Know**

**Description:** Work-related injuries or diseases can alter a worker's life. Nurses and healthcare professionals need to know typical barriers in accessing timely Workers' Compensation-related healthcare, including current legal and union protections. The presentation will utilize case studies to focus on the essential steps individuals must take when reporting and documenting an injury to avoid greater possible negative health and economic impacts.

**Presenters:** Attorney Charles Donoghue; Christine Pontus, MS, RN, COHN-S/CCM

**Date:** Thursday, October 24, 2024

**Time:** 5 – 5:30 p.m., Registration/Dinner; 5:30 – 7:30 p.m., Program

**Location:** Delaney House; 3 Country Road, Holyoke; [delaneyhouse.com](http://delaneyhouse.com)

**Fee:** Member/Associate Member, free. However, a \$25 placeholder fee, which will be returned upon attendance, is required to complete registration. Non-Members: A \$95 charge is required; call for registration.

**Continuing Education Credits:** Will be provided

### REGION 2

#### **Supporting Families with Advanced Care Planning Needs**

**Description:** Registered nurses caring for patients in emergency departments and intensive care units strive to support families who are caring for loved ones with emergent and terminal diagnoses. When a patient has not signed advanced care planning documents before their acute illness, nurses feel powerless to guide families through the legal, ethical, and spiritual challenges that influence the delivery of end-of-life care. This program will examine these issues and provide an update on the E-portal for sharing advance-directive documents that will be available in 2024 for persons living in the Commonwealth of Massachusetts.

**Presenters:** Thomas J. Carey, Jr., Esq.; Judith Pare, PhD, RN

**Date:** Thursday, September 26, 2024

**Time:** 5 – 5:30 p.m., Registration/Dinner; 5:30 – 8 p.m., Program

**Location:** The Beechwood Hotel; 363 Plantation Street, Worcester; [beechwoodhotel.com](http://beechwoodhotel.com)

**Fee:** Member/Associate Member, free. However, a \$25 placeholder fee, which will be returned upon attendance, is required to complete registration. Non-Members: A \$95 charge is required; call for registration.

**Continuing Education Credits:** Will be provided

### REGION 3

#### **From MRSA to CRE: Addressing Antimicrobial Drug Resistance and Nursing Care Strategies**

**Description:** This program will describe the difference between antimicrobial resistance (AMR) and antibiotic resistance as it explores the broader scope of AMR worldwide. The global concern and threat posed by antibiotic-resistant bacteria in healthcare facilities will be explained. Evidence-based infection control procedures will be described to combat antibiotic resistance, including when to isolate patients with AMR; decolonization measures to prevent transmission; environmental decontamination procedures for outbreak situations; and active surveillance to detect cross-contamination.

**Presenter:** Maureen Spencer, RN, MEd, CIC

**Date:** Wednesday, October 23, 2024

**Time:** 5:15 – 6 p.m., Registration/Dinner; 6 – 8 p.m., Program

**Location:** Massachusetts Maritime Academy, Beechmore Conference Center; 11 Buttermilk Way, Buzzards Bay; [maritime.edu](http://maritime.edu)

**Fee:** Member/Associate Member, free. However, a \$25 placeholder fee, which will be returned upon attendance, is required to complete registration. Non-Members: A \$95 charge is required; call for registration.

**Continuing Education Credits:** Will be provided

#### **Maternal and Neonatal Infections: Evidence-Based Nursing Approaches**

**Description:** This program will explain the common infectious agents affecting pregnant individuals and newborns. Strategies for preventing vertical transmission to the fetus will be discussed. Best practice standards for infection control measures during labor and delivery will be outlined. The program will conclude with a discussion of neonatal sepsis, pneumonia, and other common infections as well as postpartum maternal infections.

**Presenter:** Maureen Spencer, RN, MEd, CIC

**Date:** Wednesday, October 30, 2024

**Time:** 5:15 – 6 p.m., Registration/Dinner; 6 – 8:15 p.m., Program

**Location:** DoubleTree by Hilton; 5400 Computer Drive, Westborough; [doubletreehiltonwestborough.com](http://doubletreehiltonwestborough.com)

**Fee:** Member/Associate Member, free. However, a \$25 placeholder fee, which will be returned upon attendance, is required to complete registration. Non-Members: A \$95 charge is required; call for registration.

**Continuing Education Credits:** Will be provided

### REGION 4

#### **We Cannot Change the Past, But We Can Change How We Treat a Person: Person-centered Care Starts with Healthcare Professionals**

**Description:** Patients with substance use disorder are a medically and socially vulnerable population, and often experience overdose, co-occurring mental illness, and chronic disease. Despite the need for healthcare, these patients are often reluctant to seek care because of stigma and previous negative experiences within the healthcare system. Through lived experience, this program will examine how person-centered care impacts health disparities and changes attitudes for patients and healthcare professionals.

**Presenters:** Frank Loguidice, MSW, LCSW; Ellen MacInnis, RN

**Date:** Tuesday, October 29, 2024

**Time:** 5 – 6 p.m., Registration/Light Dinner; 6 – 8:15 p.m., Program

**Location:** Danversport Yacht Club; 161 Elliot Street, Danvers; 978-774-8620; [danversport.com](http://danversport.com)

**Fee:** Member/Associate Member, free. However, a \$25 placeholder fee, which will be returned upon attendance, is required to complete registration. Non-Members: A \$95 charge is required; call for registration.

**Continuing Education Credits:** Will be provided

## REGION 5

### The Nurse's Role in Organ Donation

**Description:** With the need for life-saving organs being more critical than ever, nurses play a key role in organ donation and have the unique opportunity to care for both the dying patient and support the patient's family. This experience allows for the nurse to improve countless lives through the gifts of organs, tissue, and eye donations. Case studies and assessment skills required to screen for potential donors will be discussed.

**Presenter:** Heather Ballard, RN

**Date:** Tuesday, October 22, 2024

**Time:** 5:30 – 6 p.m., Registration/Light Supper; 6 – 8:15 p.m., Program

**Location:** MNA Headquarters; 340 Turnpike Street, Canton

**Fee:** Member/Associate Member, free. However, a \$25 placeholder fee, which will be returned upon attendance, is required to complete registration. Non-Members: A \$95 charge is required; call for registration.

**Continuing Education Credits:** Will be provided

### Addressing the Commercial Sexual Exploitation of Children (CSEC): A Public Health Issue

**Description:** CSEC is an ever-changing form of interpersonal violence impacting all communities across the Commonwealth. Nurses are in a unique position to identify and support patients who are experiencing this abuse and provide interventions that can connect survivors to services for a safe exit and healing trajectory. Hear from a survivor of CSEC, turned doctoral-prepared nurse practitioner, as she discusses strategies for identification and connection to youth experiencing or at risk of commercial sexual exploitation.

**Presenter:** Rachel Niemiec, DNP, FNP-C

**Date:** Thursday, November 21, 2024

**Time:** 5:30 – 6 p.m., Registration/Dinner; 6 – 8:15 p.m., Program

**Location:** MNA Headquarters; 340 Turnpike Street, Canton

**Fee:** Member/Associate Member, free. However, a \$25 placeholder fee, which will be returned upon attendance, is required to complete registration. Non-Members: A \$95 charge is required; call for registration.

**Continuing Education Credits:** Will be provided

## GENERAL IN-PERSON CE

### Advanced Cardiac Life Support (ACLS) and Basic Life Support (BLS) Course

**Description:** Participants will obtain both a BLS and ACLS Certification upon the successful completion of the course. New certification participants must attend both Day 1 and Day 2 sessions. Recertification participants are welcome to attend Day 1 but are only required to attend the Day 2 Skills Session either from 9 a.m. to 12 p.m. or 12:30 to 3:30 p.m.

**Presenters:** Carol Mallia, MSN, RN; Mary Sue Howlett, Ph.D., RN/FNP-BC, CEN; Charlene L. Verga, MSN, RN, CEN, LNC; other instructors for the clinical session

**Dates:** Tuesday, September 17, 2024 (Certification)

Tuesday, October 1 (Recertification only)

**Time:** Day 1-Tuesday, September 17, 2024-9 a.m. – 4 p.m.

Day 2-Tuesday, October 1, 2024-Two Sessions:

Session One: 9 a.m. – 12 p.m.

Session Two: 12:30 – 3:30 p.m.

**Location:** Day 1 – MNA Headquarters; 340 Turnpike Street, Canton

Day 2 – MNA Headquarters; 340 Turnpike Street, Canton

**Book/Card Fee:** Certification — MNA Member/Associate Member, \$50; Non-Member, \$250. Recertification — MNA/Associate Member, \$50; Non-Member, \$250

**Continuing Education Credits:** WILL NOT BE AWARDED FOR ACLS/BLS

**MNA Contact:** To register, please contact Liz Chmielinski at 781-830-5719 or email [echmielinski@mnarn.org](mailto:echmielinski@mnarn.org)

### Safeguarding your Nursing License & Protecting Your Livelihood

**Description:** The responsibility of a licensed nurse includes knowledge of, and adherence to, the laws and rules that govern nursing as outlined in the Nurse Practice Act and regulations. This program will discuss the process of Massachusetts nurse licensure, protective measures nurses can take for their license, and navigating a complaint filed with the Massachusetts BORN.

**Presenter:** Charlene L. Verga, MSN, RN, CEN, LNC, CARN

**Date:** Tuesday, October 15, 2024

**Time:** 5:30 – 6 p.m., Registration/Light Supper; 6 – 8:15 p.m., Program

**Location:** MNA Headquarters; 340 Turnpike St. Canton

**Fee:** Member/Associate Member, free. However, a \$25 placeholder fee, which will be returned upon attendance, is required to complete registration. Non-Members: A \$95 charge is required; call for registration.

**Continuing Education Credits:** Will be provided

## VIRTUAL OFFERINGS

### REGION 1 VIRTUAL OFFERING

#### Management of Bloodborne Pathogen (BBP) Exposures

**Description:** Nurses, first responders, and other healthcare workers are at risk of contracting bloodborne diseases. The three most common bloodborne pathogens workers are exposed to during their daily activities while caring for patients are human immunodeficiency virus (HIV), hepatitis B virus (HBV), and hepatitis C virus (HCV). This program will discuss the currently known best practices to effectively care for oneself and others following a bloodborne pathogen(s) exposure.

**Presenter:** Ann Zaia, PhD, CNP, ScM, MSN, MHA, CHE, COHN-S, FAA

**Date:** Tuesday, December 3, 2024

**Time:** Pre-Program Login, 5 – 5:30 p.m.; Program, 5:30 – 7:30 p.m.

**Location:** This program is a live "Virtual Continuing Educational Program" offered via Zoom.

**Fee:** Member/Associate Member, free. However, a \$25 placeholder fee, which will be returned upon attendance, is required to complete registration. Non-Members: A \$95 charge is required; call for registration.

**Continuing Education Credits:** Will be provided

**Note:** Physical therapists who attend this program will be eligible to receive continuing education hours (CEH) following successful submission of program requirements and post-program evaluation. Information provided during this program should be used within the scope of practice for physical therapists.

### REGION 2 VIRTUAL OFFERING

#### Management of Bloodborne Pathogen (BBP) Exposures

**Description:** Nurses, first responders, and other healthcare workers are at risk of contracting bloodborne diseases. The three most common bloodborne pathogens workers are exposed to during their daily activities while caring for patients are human immunodeficiency virus (HIV), hepatitis B virus (HBV), and hepatitis C virus (HCV). This program will discuss the currently known best practices to effectively care for oneself and others following a bloodborne pathogen(s) exposure.

**Presenter:** Ann Zaia, PhD, CNP, ScM, MSN, MHA, CHE, COHN-S, FAAOHN

**Date:** Wednesday, November 13, 2024

**Time:** Pre-Program Login, 5 – 5:30 p.m. Program, 5:30 – 7:30 p.m.

**Location:** This program is a live "Virtual Continuing Educational Program" offered via Zoom.

**Fee:** Member/Associate Member, free. However, a \$25 placeholder fee, which will be returned upon attendance, is required to complete registration. Non-Members: A \$95 charge is required; call for registration.

**Continuing Education Credits:** Will be provided

**Note:** Physical therapists who attend this program will be eligible to receive continuing education hours (CEH) following successful submission of program requirements and post-program evaluation. Information provided during this program should be used within the scope of practice for physical therapists.

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## REGION 3 VIRTUAL OFFERING

### **Responding to an Unsafe Patient Assignment: Legal, Moral, and Practical Implications**

**Description:** This program will provide nurses with the advocacy skills and communication strategies to respond when they hear, “Just do your best” when nursing judgment determines they cannot safely meet the needs of the patient. Discussion topics include patient abandonment, mandatory overtime, and assuming an assignment under duress or objection. Documentation of unsafe assignments and mandatory overtime will be explored. The program will explain who should accept the liability and responsibility for an unsafe assignment.

**Presenters:** Joe-Ann Fergus, PhD, RN; Mary Sue Howlett, PhD, RN/FNP-BC, CEN; and Carol Mallia, MSN, RN

**Date:** Monday, November 4, 2024

**Time:** Pre-Program Login, 5:30 – 6 p.m. Program, 6 – 8 p.m.

**Location:** This program is a live “Virtual Continuing Educational Program” offered via Zoom.

**Fee:** Member/Associate Member, free. However, a \$25 placeholder fee, which will be returned upon attendance, is required to complete registration. Non-Members: A \$95 charge is required; call for registration.

**Continuing Education Credits:** Will be provided

## REGION 4 VIRTUAL OFFERING

### **Staying Out of Court: A Legal Update for Nurses**

**Description:** Nurses are now ranked as the second most commonly named defendant in a malpractice lawsuit. This program will describe the anatomy of a lawsuit including potential sources of claims and documentation issues as well as the chain of command utilized to address patient concerns. The program will include case study and analysis.

**Presenter:** Janell L. Forget, JD, BSN, RN, CPHM; Dennis R. Anti, JD

**Date:** Tuesday, September 24, 2024

**Time:** Pre-Program-Login, 5:30-6 p.m. Program, 6– 8:15 p.m.

**Location:** This program is a live “Virtual Continuing Educational Program” offered via Zoom.

**Fee:** Member/Associate Member, free. However, a \$25 placeholder fee, which will be returned upon attendance, is required to complete registration. Non-Members: A \$95 charge is required; call for registration.

**Continuing Education Credits:** Will be provided

## REGION 5 VIRTUAL OFFERING

### **Gender-Affirming Care for a New Generation**

**Description:** There are about 1.4 million transgender people in the United States, which is about the same as the prevalence of type 1 diabetes. Rates of transgender identity are increasing among youth, with 2.9% of Massachusetts high school students describing themselves as transgender or questioning their gender. Yet, many in healthcare have little to no formal education about how to provide appropriate care to transgender identity including the social, legal, and medical steps that transgender people may take to affirm their identities and how transgender people experience the healthcare system through the lens of minority stress. We will also talk about developmental perspectives on gender identity among youth and strategies for supporting transgender and questioning youth in school and primary care settings.

**Presenter:** Eli Goldberg, MD

**Date:** Thursday, December 5, 2024

**Time:** Pre-Program Login, 5:30 – 6 p.m.; Program, 6 – 8:15 p.m.

**Location:** This program is a live “Virtual Continuing Educational Program” offered via Zoom.

**Fee:** Member/Associate Member, free. However, a \$25 placeholder fee, which will be returned upon attendance, is required to complete registra-

tion. Non-Members: A \$95 charge is required; call for registration.

**Continuing Education Credits:** Will be provided

**Note:** Physical therapists who attend this program will be eligible to receive continuing education hours (CEH) following successful submission of program requirements and post-program evaluation. Information provided during this program should be used within the scope of practice for physical therapists.

## GENERAL VIRTUAL OFFERINGS

### **The Complexities of Nurse Licensure Compact: What Nurses Need to Know**

**Description:** One of the greatest factors that can affect a nurse’s experience — with everything from nurse-practice standards and continuing education to patient safety and work satisfaction — is the state in which they are licensed. Yet, forty-one states have joined the “Enhanced Nurse Licensure Compact” (NLC), which allows nurses who are licensed in one “Compact” state to practice in any other “Compact” state without having to obtain additional licensure. During this CE program, presenters and attendees will discuss the realities of Massachusetts possibly entering the Enhanced Nurse Licensure Compact and what it could mean for nurses’ licenses and practice.

**Presenters:** Megan Collins, MS; Elizabeth Turner, Esq., RN

**Date:** Wednesday, December 11, 2024

**Time:** Pre-Program Login, 5 – 5:30 p.m.; Program, 5:30 – 8:30 p.m.

**Location:** This program is a live “Virtual Continuing Educational Program” offered via Zoom.

**Fee:** Member/Associate Member, free. However, a \$25 placeholder fee, which will be returned upon attendance, is required to complete registration. Non-Members: A \$95 charge is required; call for registration.

**Continuing Education Credits:** Will be provided

The Massachusetts Nurses Association is accredited as a provider of Nursing Continuing Professional Development by the American Nurses Credentialing Center’s Commission on Accreditation.

The Massachusetts Nurses Association is a private, non-profit professional membership organization for nurses in the Commonwealth. MNA encourages and appreciates the benefits of the diverse perspectives of our members in our events, programs, and educational offerings. Nonetheless, MNA reserves the right, at its sole discretion, to restrict, or to exclude the participation of any member(s) or guest(s) from any event, program, or educational offering when MNA reasonably believes that there is an actual or potential conflict of interest or other relevant factor that may adversely affect the full and fair participation of other members or guests in attendance.





**MNA has successfully provided free and confidential peer support to nurses for over 40 years. Help us expand this valuable resource to other healthcare professionals.**

The MNA Peer Assistance Program would like to expand its peer support network to include other healthcare professionals. The program currently has 20 nurse peer assistants, and we are recruiting for other disciplines. If you are a healthcare professional in recovery, we encourage you to reach out to Carol Mallia RN, MSN at 781-830-5755 or via email at [cmallia@mnarn.org](mailto:cmallia@mnarn.org) to learn more.

***[www.peerassistance.com](http://www.peerassistance.com)***





Massachusetts Nurses Association

# CONVENTION 2024

October 8-10

Margaritaville Resort

Hyannis, MA



- Business Meeting
- Unit 7 Meeting
- Continuing Education
- Labor Speaker
- President's Reception
- Member Fun Night
- MNA Awards Dinner

**REGISTER** by signing into to the MNA app and click on events, or follow the QR code to the MNA website, login and click on the CE Programs/Events button



*Registration will be available August 1*

## INFORMATION:

### Hotel Accommodations

A discounted early booking rate has been reserved for Convention attendees. Members must book their rooms directly with a credit card hold, by calling Mikayla Rocheleau at 508-568-2958 or emailing her at [mrocheleau@capecodderresort.com](mailto:mrocheleau@capecodderresort.com). \* When contacting the hotel, be sure to identify yourself as a member attending the MNA Convention in order to receive the preferred group rates. You must call to reserve your hotel room by **September 8, 2024** in order to receive the discounted rate. The Margaritaville Resort of Cape Cod has a water park which can be added to your reservation for the discounted rate of \$10 per night. Please be advised that group rates have a seven day cancellation policy.

*\* If using a credit card hold poses a concern, call Judy Parè at 781-330-7131 for alternatives.*

Advance deposits are refundable for individual cancellations received at least seven days prior to guest arrival date. Cancellation of a reservation within seven days of arrival, or failure to check in on the scheduled arrival date, will be charged a penalty of one night's room rate plus tax. An early departure is considered a cancellation. If any group member decides to shorten the length of their stay within seven days of arrival, the penalty of one night's room rate plus tax will apply.

**Reimbursement forms will be provided to attendees at the Convention and can be submitted at the conclusion of the event. MNA will be reimbursing members up to \$390 for two days and \$195 for one day for hotel.**

### Chemical Sensitivity

Attendees are requested to avoid wearing scented personal products when attending the 2024 MNA Convention. Scents may trigger responses in those with chemical sensitivity.

### Contact Hours

Contact hours will be provided for the two educational sessions on Thursday of this conference. These programs meet the requirements of the Massachusetts Board of Registration in Nursing for contact hours for re-licensure. In terms of specialty certification, these programs will provide contact hours. The Massachusetts Nurses Association is accredited as a provider of Nursing Continuing Professional Development by the American Nurses Credentialing Center's Commission on Accreditation.

The Massachusetts Nurses Association is a private, non-profit professional membership organization for nurses in the Commonwealth. MNA encourages and appreciates the benefits of the diverse perspectives of our members in our events, programs, and educational offerings. Nonetheless, MNA reserves the right, at its sole discretion, to restrict, or to exclude the participation of any member(s) or guest(s) from any event, program, or educational offering when MNA reasonably believes that there is an actual or potential conflict of interest or other relevant factor that may adversely affect the full and fair participation of other members or guests in attendance.

*To successfully complete a program and receive contact hours you must: 1) sign in, 2) be present for the entire time period of the session and 3) Complete the evaluation.*

**More →**

# CONVENTION 2024



Massachusetts  
Nurses  
Association



October 8-10

Margaritaville Resort

Hyannis, MA

## SCHEDULE

### Tuesday, October 8

5 – 6 p.m. Reception and welcome

6 – 9 p.m. Awards dinner

### Wednesday, October 9

9 – 10 a.m. Registration and breakfast

10 a.m. – 12 p.m. Business Meeting

12 – 1:15 p.m. Unit 7 Meeting and lunch

12 – 1:15 p.m. Lunch, vendors and break

1:15 – 3 p.m. Labor action

3 – 4 p.m. Bargaining unit reports

4 – 5 p.m. *Continuous Bargaining* • Nancy Lessin, Labor Activist

5 – 6 p.m. President's reception

6 – 9 p.m. Member's Fun Night

### Thursday, October 10

8:30 – 9:30 a.m. Registration and breakfast

9 – 10 a.m. PAC meeting

10 – 10:30 a.m. Break

10:30 a.m. – 12 p.m. *Empowering Change in Healthcare*  
Lynette Charity, MD

12 – 1:15 p.m. Lunch

1:15 – 2:30 p.m. *AI in Healthcare* • Janell Forget, JD, BSN, RN, CPHRM

2:30 – 3 p.m. Evaluation and closing

“Stay and Play  
on the Cape”

The Cape has so much to  
offer and October is a great  
time to discover it:



*We look forward to seeing you here!*



## Four-Week Fall Virtual Labor School Series:



### The Basics

**Wednesday, September 4 • 6-7:30 p.m.**

The Rights and Responsibilities of Union Members

**Wednesday, September 11 • 6-7:30 p.m.**

Components of a Union Contract

**Wednesday, September 18 • 6-7:30 p.m.**

Contract Bargaining Basics

**Wednesday, September 25 • 6-7:30 p.m.**

Enforcing your Union Contract

Workplace Health and Safety (guest presenter  
Peter Barleta, Compliance Assistance Specialist,  
Occupational Safety & Health Act (OSHA))



**Please register to attend Virtual Labor School  
by calling Dayana Ocasio at 781-830-5723.**

## Monthly “New” Member virtual orientation with Ron Patenaude, Associate Director of Labor Education.



Join us every second Thursday of each month from 5 - 6 p.m. Meet fellow new members, check in, ask questions, and discuss topics such as: “Weingarten and other rights of Union Members.”

Please sign up to receive the meeting link by calling Dayana at 781-830-5723.